

PERRAN NEWS



www.perrannews.org.uk

VOL 41 NO 7 ISSUE 407

AUGUST 2026

Summer at the Norway Inn

7
JUL

COFFEE, CAKE & BINGO

A proper afternoon in — fresh coffee, homemade cake and a few lively lines of bingo.

TUESDAY 7 JULY • FROM 14:30

18
JUL

MAMMA MIA LUNCH

£35 per person • Bottomless Brunch

A Mediterranean-themed buffet with all the songs you know by heart.
Booking essential.

SATURDAY 18 JULY • LUNCHTIME SITTING 12PM-3PM



SERVED DAILY

Pub Classics Two for £26*

Two of our favourites, one easy price. Honest cooking, generously served.

* Monday to Friday

NOW LANDED ALL THROUGH THE SUMMER

Lobsters Return

Freshly caught and landed in Mylor.

LOBSTER Half £27 Whole £42

Prices subject to change depending on availability and size.



RETURNS SATURDAY 1 AUGUST

Our Fish Counter Returns

The freshest catch, back on ice at the pub — choose your fish, we'll cook it your way.

PADDOCK
Electrical & Solar

Solar PV ✓
Battery Storage ✓
EV Charge Points ✓



MCS CERTIFIED  iwa 
RECC 
RENEWABLE ENERGY CONSUMER CODE

- Cut your bills and power your home ✓
- Get paid for excess energy ✓
- 0% VAT ✓
- Free Survey and Performance Estimate ✓

☎ 07772211023 | ☎ 01872 862318
✉ contact@paddock-electrical.co.uk
🌐 www.paddock-electrical.co.uk
📍 Rosina View Greenwith Road Perranwell Station TR3 7LT

VAT Registration No: 404613138


DUCHY EAR CARE
WAX REMOVAL CLINIC

Ear consultation & wax removal £40
We use a micro-suction technique, as a safer and more effective way to remove ear wax.
We also provide ear protection, surf/swim plugs, Snore plugs and custom ear pieces.

Contact us to book an appointment
07811466956 / 07854103270
duchyearcare@gmail.com www.duchyearcare.co.uk

Clinics in Redruth, Truro, St Austell & Bude. Home visits also available.

 **Loyal Bee** | CARE



High quality, nurse-led home care and support in mid-Cornwall

Your care is our world
Services include personal care, post-discharge care, long-term condition support, companionship, meal preparation, shopping & errands, light housekeeping and medication assistance.

01872 713 823
www.loyalbeecare.co.uk hello@loyalbeecare.co.uk

DELIGHTED TO BE ASSOCIATED WITH PERRANWELL POST OFFICE.

FOX
CONSTRUCTION SOLUTIONS

 **The Gate House, Perran Foundry, Perranarworthal, Truro TR3 7JR**  **01872 672431**



KR DANCE



Ballet & Dance Classes for All Ages
From ages 3 to 80+ – there's a class for you!

Book a Free Trial Today
krdancecornwall@gmail.com

Pre-school Ballet RAD Grades Vocational Classes Silver Swans
Performances Examinations Demonstration Classes Lyrical Jazz

Ballet & Dance for All Ages at KR Dance From tiny dancers to Silver Swans — ages 3 to 103!

KR Dance is run by Kathryn, along with fellow teachers Clare, and Amely – lifelong friends who grew up right here in the local area. All three trained full-time at the Royal Academy of Dance in London, hold the prestigious Licentiate of the RAD, and bring over 30 years of teaching experience.

We offer expert ballet and dance training in a warm, welcoming environment where every dancer feels supported, safe, and inspired.

✦ **Free trial classes for September
– book now!**

📍 *Perran-ar-Worthal School
& The Perranwell Centre*

 krdancecornwall@gmail.com

PERRANWELL GARAGE

YOUR LOCAL GARAGE FOR EVERYTHING MOTORING

FIXED PRICE SERVICE

- 🚗 Fixed price interim service for £140 + parts and VAT **
- 🚗 MOT for £50 **
- 🚗 Free local collection and delivery
- 🚗 Free health check with MOTs
- 🚗 Call for a quote

Give us a call to discuss
how we can help you

01872 863037

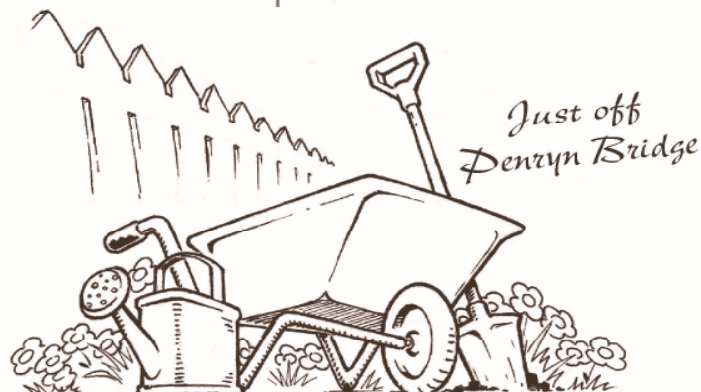


** To qualify for offer, please
quote this ad when booking



Gardening

Bedding plants & seeds • Composts & fertilisers Tools & equipment



Unit 2 Eastwood Park, Eastwood Road, Penryn, TR10 8LA
01326 379888 | www.baileyscountrystore.co.uk  

farm shop | pet food | equestrian supplies | clothing | garden supplies | wild bird food | smallholding supplies

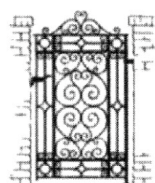


WESTCOUNTRY GATES AND RAILINGS

**WROUGHT IRON AND
ARCHITECTURAL METALWORK
SOME GENERAL WELDING**

Call your local Gate and Railing Specialists:

Andrew Pritchard 07825 687422
Jamie Singleton 07790 941635



YOUR VILLAGE HALL IS THE PRIDE OF CORNWALL

A registered Charity

It's yours to use Morning, Afternoon or Evening

Charges are reasonable

For bookings contact

info@perranwellcentre.org

MORLEY PENROSE

FUNERAL DIRECTORS

Independent family business

24 HOUR PERSONAL SERVICE

ARRANGEMENTS FOR A FUNERAL OF YOUR CHOICE

MADE IN THE COMFORT OF YOUR OWN HOME

Contact: Malcolm Carveth

Tel No: 01872552587 or 07528869175

Email: janet@trevaunance.net

F. J. Kemp & Sons **ELECTRICAL ENGINEERS**

INSTALLATIONS

MAINTENANCE

REPAIRS

07971951201

k4mpy@btinternet.com





Cornish Barn Holidays



**Comfortable Cottages for
Couples
in Perranwell Station**

**Family Owned and run,
Peaceful and Private Countryside location
for holidays.**

**Ideal for overflow accommodation
for Wedding visits,
Short breaks, Christmas and New Year**

www.cornishbarnholidays.com

Tel; 01872 864952

Mob; 07968 690528

**Feel free to look at and
LIKE our Facebook page for updates, offers and
interesting things...**

www.facebook.com/cornishbarnholidays

CDDG

'Cornwall's Devilishly-good Drama Group'

We have performed at the **Perranwell Centre** for over 30 years and include a youth group. We are an RSC open spaces company and have performed at the Minack.

We offer a warm welcome to everyone, regardless of age 7+, irrespective of skills, gender or disability.

We meet most Sunday afternoons 2pm-5pm in the **Perranwell Centre** where we build, rehearse and perform 3-4 shows a year.

Drama is not just about being on stage; there is off stage, back stage and front of stage too. It's a place where you get to do all sorts of stuff in a safe environment and where friendships forged can last a lifetime.

Interested in finding out more?

There are lots of ways to get in touch:

Visit our webpage: www.carnondownsdrama.co.uk

Email us: secretary@carnondownsdrama.co.uk

Find us on Facebook. Phone us: 01872 862063

or simply come along on a Sunday afternoon and say hello.

EVA SYSTEMS

Professional IT services

I offer a variety of IT services including:

- Website design
- Networking assistance
- Malware removal
- Backups
- General troubleshooting / assistance

I have a wide breadth of knowledge, if you're unsure if I can help, ask me!

07356 046556

jacob.eva@evasystems.co.uk

Services at St Piran's Church Perranarworthal,
August & September 2026

2nd Aug	10 am	Service of the Word.
9th Aug	10 am	Service of the Word.
16th Aug	10 am	Service of the Word.
23rd Aug	10 am	Holy Communion.
30th Aug	10 am	Service of the Word.

6th Sept	10 am	Service of the Word.
13th Sept	10 am	Service of the Word.
20th Sept	10 am	Service of the Word
27th Sept	10 am	Holy Communion.

The church is normally open for private prayer on
Wednesday mornings between 10 and 11.

Priest in Charge - Revd Sarah Bick, 07356249180

Churchwarden - Mr David Simmons, 07961216740

www.thewatersidechurches.com



**We are now holding
Coffee Stop
on Thursday Mornings**

**Perranwell Centre
9.30 am**

**Anyone is welcome to join us
and join in the chat.**

KINGSLEY TRESIDDER FUNERAL SERVICE

N.A.F.D. MEMBER

24 HOUR SERVICE - PRE-PAYMENT PLANS AVAILABLE

Mill Stream Funeral Home, Mill Yard

Ponsanooth, Truro. TR3 7EF

TEL: 01872 863607.

E-MAIL kstresidder@icloud.com

**PENVALE
CATTERY** 

01872 863506

WWW.PENVALECATTERY.COM

Email: info@penvalecattery.com



5 Star Boarding Cattery

Penvale Cattery, Perranwell Station, TR3 7NQ

NORDIC WALKING

FOR ALL ABILITIES FROM SUPPORT TO SPORT!



Discover Nordic Walking! Using specially designed poles, this unique walking technique turns a simple walk into a full-body workout. It's easy on the joints and suitable for all fitness levels. Walks are led by qualified individuals who are also first aid trained and insured. Explore, enjoy, and get fit with us!

www.walkkernow.co.uk

info@walkkernow.co.uk

07540478919



THE PERRANWELL MEMORY CAFÉ

We meet in the Village Hall at 2.00pm on the Second and Fourth Tuesday of each month.

A group of willing volunteers run a very varied programme for our meetings, as you will see below, and we invite you to come along to join in, meet us and enjoy some tea and cakes.



2026

11 August	At The Chalet at the Kneebone's Farm in the Village
25 August	Jonny Inder – Sing along with Jonny
8 September	Chair Pilates with Nancy Althea
22 September	Outing – Destination TBA
13 October	In house
27 October	Caroline Schanke with Singing for Well Being
10 November	Nikki Ridgemont guides us in Chair Tai Chi
24 November	Nikkie Bovis Coulter with Creative Art
8 December	Outing – Destination TBA
22 December	Christmas Extravaganza

For more details contact: Sue 07443 504128 - Mary 01872 865846 - Roe 01872 719076

Perranwell Memory Café

There is a Memory Café Network throughout Cornwall. Our Perranwell Café is unique and is run by a group of committed and caring volunteers from the local community. We meet every 2nd and 4th Tuesday of the month from 2-4pm at the Village Hall.

There's always a tea break with plenty of delicious homemade cakes supplied by volunteers. Sessions are made up of activities such as quizzes, games and singing, as well as movement activities like tai chi, and guest performers and facilitators such as musicians and artists. We also manage to fit in a few outings over the year to nearby places such as Trebah Gardens. Guests and carers are always warmly welcomed.

There's plenty of laughter, time to catch up on news and also get a little drop of support if and when it's needed.

CB

Contact Sue on: 07443 504128 or Roe on: 01872 719076

PERRAN-AR-WORTHAL COMMUNITY SPEEDWATCH GROUP

Volunteering Opportunity

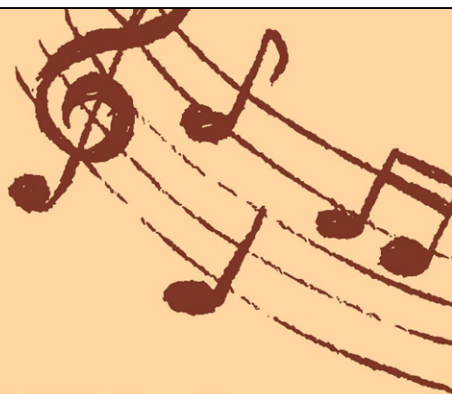
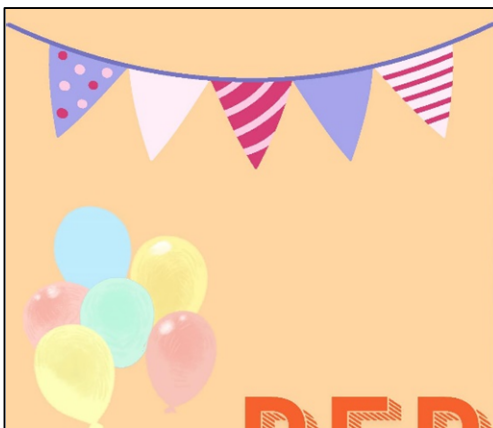
This group was formed in 2014, prompted by a series of fatal and serious injury accidents on the A39 near the Norway Inn, and complaints from residents of the village regarding speeding.



Following the installation of average speed cameras on the A39, we didn't need to operate there anymore, but the group has continued to work at various approved places within the village.

Over the years some of the group have had to leave for various reasons, and we are looking for some new folk to join us. Sessions can take place at any time in daylight, and last an hour.

If you would like more information, please contact me - **Stuart Douglas 07932 033 463**



PERRANWELL

BIG VILLAGE SUMMER CONCERT



**£6.00
A TICKET**



**SATURDAY 8TH AUGUST
4PM - 6PM**

**PERRAN-AR-WORTHAL
VILLAGE HALL**

**COMMUNITY CAFE
IN THE HALL
3PM-4PM**

**SERVING CREAM TEAS
AND OTHER
REFRESHMENTS**



**GUESTS
ST STYTHIANS BAND
EIGHT IN A BAR**



ALL PROCEEDS TO THE VILLAGE HALL REDEVELOPMENT FUND.

WE NEED YOU!

As we look forward to a busy programme of fundraising events in the coming months, we need your help.

We're on the lookout for volunteers to help at the fabulous events we have coming up, either on the day or with planning and preparation.

As a reminder, upcoming events include:-

- **July - date TBC - Open house and cream tea party**
- **August 8th - Summer Concert featuring St Stythians Band and other guests, with a cream tea before the concert**
- **September - date TBC - Outdoor film screening**
- **October 17th - Games Night including Black Jack, Poker and more, in collaboration with FOPS**
- **October 31st - Halloween party for all ages, with the hugely popular haunted house experience back by popular demand**
- **December 19th - Christmas Concert**
- ***March 5th 2027 - St Piran's Day Celebration***



These are just some events in addition to other fundraising events being run under the umbrella of the Big Village Campaign. The campaign, supported and coordinated by the Parish Council, aims to encourage everyone in the parish to get involved in fundraising for a new village hall.

All of these events can only take place with the support of volunteers to help run them, so we're looking for people who might want to get involved - no matter how much or how little - whether it's planning and promoting, setting up the hall and clearing away, or roles at the event like welcoming people and selling tickets, raffle tickets, also serving food and drinks.

People who would like to get involved can contact community fundraising trustee Jenie on jeniep@yahoo.com or chair of trustees John on j19frankland@icloud.com, or come along to our next events team meeting, which will be **at the village hall on Tuesday 12th May at 7pm**. You can meet the other members of the events team and hear a bit more about our fundraising plans for this year. We'd love to meet you!

You can also find out more about upcoming events and the Big Village campaign on <https://www.perranwellbigvillage.co.uk/>



PERRAN-AR-WORTHAL LOCAL HISTORY GROUP

HIGHWAY TO HAYLE

Sean Taylor from the Cornwall Archaeology Unit talked to the group about the from the excavations carried out along the newly dualled A30. The new road cost million and of that sum only 3.33million was spent on the archaeology of the site had to work around construction site deadlines.

Firstly there was an evaluation phase. In 2017 Geophysics was carried out in the Tolgroggan area near the Trevasso Round. There were 4 full excavations, 22 strip sample excavations, 19 watching briefs, 2 flint scatter research areas, 2 palaeoenvironmental sample areas and 2 historic building finds; in total 80 (112 football pitches) were surveyed.



finds
£330
which

map
hectares

Two flint scatters were identified; Rosemerryn Lane had been previously identified but the second, larger scatter, at Ventonteague, was shown and yielded about 500 flints. Excavation in the surrounding areas confirmed the high potential, with sites including Neolithic pits, Bronze Age barrows and a possible stone circle setting. These were centred around a natural promontory and spring which had been canalised in the post-medieval period. The high concentration of Mesolithic flints here meant more work was needed. It involved mechanically removing the turf before excavating 68 test pits. The work was carried out with the aid of local volunteers who were supported by the archaeological fieldwork team.

Around 3000m² of the wider area was subject to systematic fieldwalking which resulted in the hand collection of 1005 flints in addition to the 490 retrieved from the test pits. This led to the discovery of a previously unidentified barrow and a further 7044 hand-collected flints. To speed things up there was bulk excavation of the rest of the flint scatter which yielded over 30,000 litres of materials to be transported and processed.

The archaeologists have found:

- A flint scatter representing a working area which probably dates to the Mesolithic/Neolithic transition period, about 6,000 years ago
- Pots, pits and roundhouses from about 4,500-3,000 years ago
- Some of the first permanent settlements of the Bronze Age
- Evidence for Iron Age and Roman fortified farmsteads,
- Evidence of medieval ironworking and activity from the 12th-13th Centuries
- Early medieval farming systems
- Post-medieval field enclosure and mining,
- A World War Two US D-Day embarkation camp near Chybucca
- A cold war bunker
- An earlier route of what is now the A30, which has been identified so far at four locations along the new road.

The digs revealed evidence of human occupation of this area from the hunter-gatherers of the Mesolithic through to the present day.

The most significant discoveries will go on display at the Royal Cornwall Museum in Truro.

A READER WRITES

I would just like to say how much I enjoyed the July **Perran News**. There was a great deal to read this month. I particularly enjoyed the article What does Perranwell Station mean to you? There were so many mentions of teachers at the school from times gone by, it stirred up many memories.

Thank you to the writer.

Lindsey Adams



CRICKET FOR AUGUST & SEPTEMBER

Perranarworthal Cricket Club have fixtures throughout August. If it's a sunny Saturday during these months, there is probably a cricket match happening up at the club.

Spectators are very welcome. Our teams play in the following competitions:

1st XI: Division 3 West

2nd XI: Division 5 West

3rd XI: Division 7 Central

Upcoming fixtures

Date	1st XI	2nd XI	3rd XI
Sat 1st Aug	Home vs Helston 2	Away vs Ludgvan 2	Home vs Redruth 4*
Sat 8th Aug	Home vs Mount Ambrose	Away vs Helston 3	—
Sun 9th Aug	—	—	Home vs Falmouth 4
Sat 15th Aug	Away vs Wendron	Home vs St Just 3	Away vs Newquay 4
Sat 22nd Aug	Home vs Rosudgeon	Away vs Mt Ambrose 2	—
Sun 23rd Aug	—	—	Home vs Mawnan 2
Sat 29th Aug	Away vs Gulval	Home vs St Newlyn East	Away vs Truro 4



We will also be holding our annual intraclub Hundred competition on Saturday 5th September, along with hosting The Hampshire Trouts for a friendly game on Sunday 6th September.

For further details, please see our social media pages / Play Cricket site - beacons.ai/pawcricket

Bowling Highlights 2026

5-6 | Greg Wallis | 2nd XI vs Paul 2nd XI

5-29 | Chris Pentecost | 1st XI vs Falmouth 2nd XI

5-35 | Max Russell | 3rd XI vs St Erme 3rd XI

4-4 | Eli Lockwood | 2nd XI vs Mount Ambrose 2nd XI

4-22 | Adrian Moore | 2nd XI vs Ludgvan 2nd XI

Batting Highlights 2026

83* | Gary Kos | 3rd XI vs Redruth 4th XI

81 | Chris Yeomans | 2nd XI vs Leedstown 1st XI

77 | Dave Angell | 2nd XI vs St Newlyn East 1st XI

77 | Karl Cadwell | 3rd XI vs Truro 4th XI

65* | Chris Yeomans | 3rd XI vs Newquay 4th XI



CHARTERED PHYSIOTHERAPY

Back & Neck Pain – Muscle & Joint Injuries
Post-Surgery Recovery – Sciatica & Nerve Pain
Acupuncture – Occupational Health

Unit 3, The U, Barras Moor
Perranarworthal, Truro, TR3 7PE

FREE PARKING

www.penningtonhealth.co.uk
Tel. 07960 041637
mike@penningtonhealth.co.uk



NEW CHIROPRACTIC CLINIC OPEN NOW!



With more than a decade of experience, chiropractor Dan Ferris is excited to open his brand new clinic in your area!

Back and Neck Pain

Headaches and Migraines

Sports Injuries

Sciatica



CALL TO BOOK AN APPOINTMENT

07502 238539

dan@thespinehub.co.uk

North Grange Ind. Estate, Devoran, Truro, TR3 6RF

www.thespinehub.co.uk

PERRAN NEWS DIRECTORY: August 2026

If entries are incorrect, please send amendments to markgripper@gmail.com Thank you.

Organisation	Contact & Details
Parish Council	Tomas Hill, 01872 865840 clerk@perranarworthal-pc.gov.uk Agendas, minutes & other items on website: www.perranarworthal-pc.gov.uk
Cornwall Councillor	Ruth Gripper 07866 622584 cllr.ruth.gripper@cornwall.gov.uk
Member of Parliament	Jayne Kirkham 07736 895195 jayne.kirkham.mp@parliament.uk
Perranwell Centre bookings	info@perranwellcentre.org
Perranarworthal School	Rachel Heffer 01872 863004
Friends of Perranarworthal School	Rosie Leach fops@perran-ar-worthal.cornwall.sch.uk Kirsty Reynolds
Police Community Liaison Officer	TBC 101
Police Neighbourhood Beat Manager	PC Vince Beckett 17005@dc.police.uk
LOCAL BUSINESSES	
Community Store	Annie Hewitt anniek.hewitt7@gmail.com
Norway Inn	01872 864241
Perranwell Garage	Anthony Scrivener 01872 863037
Royal Oak	Jonathan and Hayley Dolby 01872 863175
Vanilla Salon	Rachael Glanville 01872 864505 receptionatvanilla@gmail.com
HEALTH & WELLBEING	
Doctors at Devoran	01872 562200 www.chacewatersurgery.co.uk
Doctors at Carnon Downs	01872 863221
Defibrillator training	Mark Gripper 07770 997778 markgripper@gmail.com
Loyal Bee	Tammy & Laura 01872 713823 https://www.loyalbeecare.co.uk Home care services
Psychological Counselling	Karina Griffiths 075685 507705 info@taikatales.com
Feet Up! Mobile foot clinic	Karen Myers 01872 834567 www.feet-up.co.uk Visits village hall
Coffee Stop	Ian Halford 07742 622033 Meets every Thursday morning, 9.30-11.30 in the village hall
Keep Fit	Cathy Whitmore 01872 862040
Memory Café	Sue Godfrey 07443 504128 sugodfrey@me.com Roe Simpson 01872 719076 Activities, outings, tea & cake. Meets 2 nd and 4 th Tuesday of each month, 2.00-4.00 in village hall
Michelle's Fitness & Wellbeing	Michelle 07546 239032 michellesfitnesscornwall@gmail.com Exercise class for independently active older people, Mondays 1.30-2.30, village hall
Wellbeing Club	Sue Sutherland-Clark 07817 303112 sutherlandclarksue@gmail.com 2 nd & 4 th Wednesday each month, 11.00-1.00, village hall
Yoga with Candice	Candice Quarmby 07869 165364 canzaq@gmail.com www.yogawithcandice.co.uk
Yoga for Relaxation	Deidre Mason 01209 613488
Zest For Life Fitness, Men's Pilates	Zoe Crouse 07721 004122 zestforlifefitness@gmail.com www.zestforlifefitness.com Devoran Village Hall Wednesday 12.00 – 13.00
CLUBS, GROUPS & SOCIETIES	
Aikido (over 18 only)	Jamie 07720 288172 or Carl 07486 597041 www.aikidocprnwall.com Sundays, 5.00-7.00, village hall
Bridge Club Perranwell	Malcolm Parker 07927 197937

Organisation	Contact & Details
Bridge Club	Trisha Willcocks 01872 864550
Perran Bridge	Malcolm Parker 07927 197937
Carnon Downs Drama Group	Chris Breach 01872 862063 secretary@carnondownsdrama.co.uk carnondownsdrama.co.uk Rehearsals on Sunday afternoons in village hall
Choral Society Truro	membership@trurochoral.org
Computer Services	John Muteham 01872 865449 sales@premier-pc.com
Cornwall Dog Training	Frankie Bond 01872 864844 enquiries@cornwalldogtrainingclub.com
Cornwall South Textile Artists	Debi Wilkinson debiwilkinson99@gmail.com 07736 596091
Cricket Club	Glenn Wilkes (Secretary) glenn.paw.cricket@gmail.com
Football Club	David Kemp 07971 951201 k4mpy@btinternet.com Clubhouse 01872 870202
Kawagishi Dojo	David Collins 07789 441062 dwcollins33@gmail.com Sundays, 9.00-12.00, village hall
Kenwyn Valley Flower & Garden Club	Glennis Beard 01872 560609 www.kenwynvalleyflowerclub.btck.co.uk/
Les Carrek Lace & Needlecraft Group	Janet Dale 01872 863033
Methodist Chapel	Ann Towsey 01872 864300 anntowsey@hotmail.co.uk
Local History Group	Ruth Ward, 078877 68957 ruth_ward@btinternet.com Usually meets 3 rd Tuesday of each month, 7.30 pm in village hall
Perranarworthal Community Choir	Trisha Budd 07727 209111 trishabudd@gmail.com New members, of all voices and abilities, are welcome - we meet on Wednesdays 6-7 pm at the Village Hall.
Perran & District Poultry & Pigeon Soc.	Shane Kneebone 01872 864409 perranpoultry@hotmail.co.uk
Photographic Club	Roy Mc Bride 01872 863891
Scouts Devoran	Harry Jones Group Secretary and Trustee 07785 392377 harryjones61@icloud.com
St Piran's Local Leader	Paul Stuart 07929 022143
St Piran's Church Hall Bookings	Patricia Wilcocks 01872 864550
St Piran's Church Wardens	David Simmons 07961 216740 http://www.thewatersidechurches.com/
St Piran's Church Handbell Ringers	Janet Thomas 01872 862876
St. Piran's Bellringing	Ringling Captain, David Simmons 07961216740
U3A	Mark Breach 01872 862063 mark.breach@yahoo.co.uk
Women's Institute	Sue Short 07437 019190 ackee123@outlook.com 2 nd Tuesday of each month, 7.15 in the village hall
PERRAN NEWS	
Perran News Editor	Mark Gripper 07770 997778 markgripper@gmail.com
Perran News Advertising	Chris Lea perrannewsads@gmail.com
Perran News Treasurer	Chris Lea perrannewsads@gmail.com
Perran News Distribution	Annette Brown 07882 724496 beingstillab@gmail.com
Perran News Website/Facebook	Sarah Smith 07968 366526 afinacommunications@gmail.com

36 36A 36S

36 St Keverne - Truro via Helston | Porkellis | Stithians
36A Penryn ASDA - Frogpool - Truro via Devoran | Carnon Downs
36S Redruth School - Truro (Penair School) via Frogpool | Devoran | Carnon Downs

service operated by
Go bus
 Part of Go ahead

Monday to Saturday except for bank holidays

Service No	36S	36	36A	36	36	36	36A	36	36A	36	36A	36	36A	36S	36	36	36A	36	36
	SD	SD	SSH	SSH	SD	SSH							SD	SSH	SD	SD	SSH		
Perranwell Royal Oak		0742		0747	0911	0911		1048		1218		1348				1613	1618		1758
Frogpool Cornish Arms	0732													1552					
Perranwell Railway Station	0737	0744	0748	0749	0913	0913	1010	1050	1110	1220	1240	1350	1440	1440	1559	1615	1620	1741	1800
Devoran Church	0745		0753				1015		1115		1245		1445	1445				1746	
Carnon Downs Bissoe Road			0759				1021		1121		1251		1451	1451	1606			1755	
Carnon Downs Bus Shelter	0750	0749	0802	0754	0918	0918	1024	1055	1124	1225	1254	1355	1454	1454	1608	1620	1625	1758	1805
Playing Place Bus Shelter	0752	0753	0804	0758	0920	0920	1026	1057	1126	1227	1256	1357	1456	1456	1611	1622	1627	1800	1807
Truro Green Lane			0810				1032		1132		1302			1502				1806	
Truro Railway Station			0815				1037		1137		1307			1507				1811	
Truro Bus Station E	0805	0804	0821	0809	0930	0930	1043	1107	1143	1237	1313	1407		1513	1624	1632	1637	1817	1817
Truro Penair School	0816	0816											1510						

SD Schooldays only

SSH Saturdays and School Holidays only

36

Truro Railway Station - RNAS Culdrose
 via Stithians | Helston

service operated by
Go bus
 Part of Go ahead

Sunday and bank holidays

buses towards RNAS Culdrose

Service No	36	36	36
Truro Railway Station	1028	1328	1628
Truro Bus Station E	1033	1333	1633
Playing Place Bus Shelter	1043	1343	1643
Carnon Downs Village Hall	1045	1345	1645
Devoran Church	1052	1352	1652
Perranwell Railway Station	1059	1359	1659
Perranwell Royal Oak	1102	1402	1702
Stithians Crelow Lane	1112	1412	1712
Rame Post Office	1117	1417	1717
Helston Tesco	1130	1430	1730
Helston Blue Anchor	1135	1435	1735
Helston Sainsbury's	1140	1440	1740
Culdrose RNAS Main Entrance	1145	1445	

buses towards Truro

Service No	36	36	36
Culdrose RNAS Main Entrance	1201	1501	
Helston Cottage Hospital A3083	1205	1505	
Helston Sainsbury's	0908	1208	1508
Helston Seven Stars	0915	1215	1515
Helston Tesco	0920	1220	1520
Rame Post Office	0932	1232	1532
Stithians Crelow Lane	0938	1238	1538
Perranwell Railway Station	0951	1251	1551
Devoran Church	0958	1258	1558
Carnon Downs Bus shelter	1005	1305	1605
Playing Place Bus Shelter	1007	1307	1607
Truro Bus Station E	1017	1317	1617
Truro Railway Station	1022	1322	1622

36 36A 36S

36 Truro - St Keverne via Stithians | Porkellis | Helston
36A Truro - Frogpool - Penryn ASDA via Carnon Downs | Devoran
36S Truro (Penair School) - Redruth School via Carnon Downs | Devoran | Frogpool

service operated by
Go bus
 Part of Go ahead

Monday to Saturday except for bank holidays

Service No	36	36S	36A	36	36	36A	36	36A	36	36A	36	36A	36	36	36S	36	36A	36	36A	36
	SD	SSH	SD	SSH									SD	SD	SSH	SD	SD	SSH	SD	
Truro Penair School															1510	1510				
Truro Bus Station E	0705	0710	0715	0740	0835	0845	0930	1020	1120	1220	1320		1420	1420	1520	1520	1620	1710	1710	1820
Truro Railway Station					0842		0937		1127		1327						1627			1827
Truro Green Lane					0845		0940		1130		1330						1630			1830
Playing Place Bus Shelter	0715	0720	0725	0750	0850	0857	0945	1030	1135	1230	1335		1430	1430	1530	1530	1635	1720	1720	1835
Carnon Downs Village Hall	0718	0722	0727	0752	0852	0859	0947	1032	1137	1232	1337		1432	1432	1534	1534	1637	1722	1724	1837
Carnon Downs Bissoe Road	0721	0725			0855		0950		1140		1340						1640			1840
Devoran Church	0727	0731			0901		0956		1146		1346				1539		1646			1846
Perranwell Railway Station	0732	0736	0734	0757	0906	0905	1001	1037	1151	1237	1351		1437	1437	1544	1543	1651	1727	1729	1851
Perranwell Royal Oak		0738	0736	0759		0907		1039		1239			1439	1439		1545		1729	1731	1849
Perranwell Chapel	0734					0908		1003		1153	1353				1546		1653			1853

Now First Bus have finished in Cornwall, this is the latest bus timetable for Perranwell, extracted by Jan Moore. Thanks, Jan.



THE
SPINEHUB

NEW CHIROPRACTIC CLINIC OPEN NOW!

With more than a decade of experience,
chiropractor Dan Ferris is excited to open
his brand new clinic in your area!

Back and Neck Pain

Headaches and Migraines

Sports Injuries

Sciatica



CALL TO BOOK AN APPOINTMENT

07502 238539

 dan@thespinehub.co.uk

 North Grange Ind. Estate, Devoran, Truro, TR3 6RF www.thespinehub.co.uk



CHARTERED PHYSIOTHERAPY

Back & Neck Pain – Muscle & Joint Injuries
Post-Surgery Recovery – Sciatica & Nerve Pain
Acupuncture – Occupational Health

Unit 3, The U, Barras Moor
Perranarworthal, Truro, TR3 7PE

FREE PARKING

www.penningtonhealth.co.uk

Tel. 07960 041637

mike@penningtonhealth.co.uk





CORNWALL HOMESEEEKERS

Letting & Managing Properties

01872 262288  www.chslettings.co.uk

Tre Place, Tabernacle Street, Truro TR1 2EJ

 admin@cornwallhomeseekers.co.uk

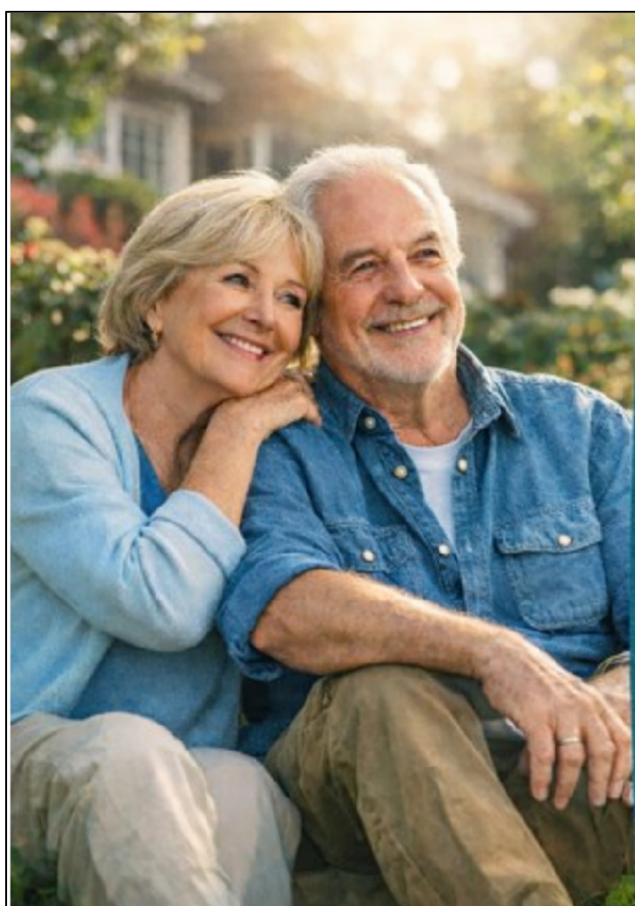
Keeping our local villages open and moving!

For over 30 years we have worked on behalf of Cornish Landlords and supported local tenants relocating within our community

Call us on 01872 262 288

- ✓ Client money protection
- ✓ NALS - National approved letting scheme
- ✓ CRLA - Cornwall residential landlords association
- ✓ TDS - Tenancy deposit scheme

"From our home to yours..."



✓ Over 55?
✓ Own your home?
✓ Want to look at
Releasing Equity?



Call Shaun Harvey for expert advice:
01872 264533



Scan to book a free,
no obligation
discussion



James Miller and Associates is a trading style of James Miller Financial Planning, which is an Appointed Representative of Stonebridge Mortgage Solutions Ltd, authorised and regulated by the Financial Conduct Authority (FCA No. 454811). Equity release may involve a lifetime mortgage secured against your home. To understand the features and risks, ask for a personalised illustration.

MARK BENNETT

Building services and professional plasterer



NEW BUILDS EXTENSIONS CONVERSIONS
RENOVATIONS REFURBISHMENTS KITCHENS
BATHROOMS & PLASTERING SPECIALIST

WWW.MARKBENNETTBUILDING.CO.UK
MARKBENNETTBUILDINGSERVICES@GMAIL.COM
07540 478 920

BASED IN PERRANWELL STATION

HESKEN + JUNYA ©

Carpentry, Joinery &
Furniture Making

- Bespoke doors
- Door installation
- Under-stairs storage
- Bespoke wardrobes
- Bay window seats/storage
- Desks, tables and benches
- Stud walls
- Flooring

Tel: 01872 450 867
Email: workshop@hesken.co.uk
Web: hesken.co.uk

Unit D, North Grange Industrial Estate
Devoran, Cornwall, TR3 6RF



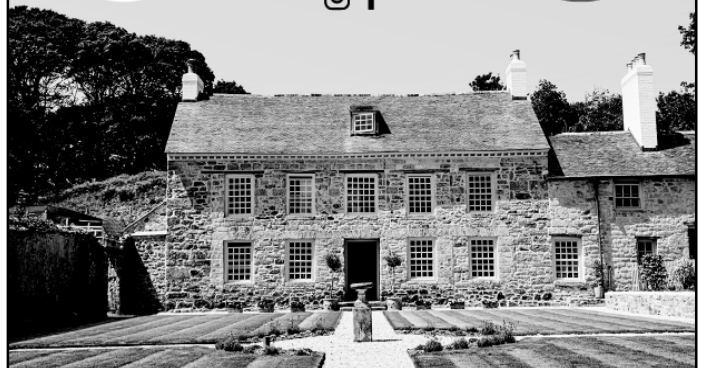
CUSGARNE MANOR

Holidays in rural Cornwall

An award-winning B&B and cosy
self-catering cottages in the heart
of rural Cornwall.



Book now at
cusgarnemanor.co.uk



Andrew Tucker Garden Machinery

Est 2012

Service, Repairs & Sharpening



07425571213

andrewtucker12@yahoo.co.uk



Neil Dowling

Painter & Decorator
Interior & Exterior

T 01872 862 367

M 07879 470 382

E ipaintanddecor8@gmail.com

SALON VANILLA

For Hair, Beauty and so much more....

GREENWITH ROAD

PERRANWELL STATION

01872 864505

ReceptionatVanilla@Gmail.Com

www.salonvanilla.co.uk



GIFT VOUCHERS

FREE PARKING



Building & Construction Ltd

Domestic and Commercial Building Solutions

**NEW BUILDS . TIMBER FRAMES . EXTENSIONS
GROUNDWORKS . DRIVEWAYS . CARPENTRY**

01872 719546 or 07723 051 593



ThurstanHoskin
SOLICITORS

Property & Commercial

Sales & Purchases
Auctions
Equity Release
Shared Ownership
Re-Mortgaging

Private Client

Wills & Probate
Estate Management
Power of Attorney
Change of Name Deed
Trusts & Deputyships

ST AGNES

20 Churchtown, TR5 0QW

☎ 01872 306 287

REDRUTH

Chapel street, TR15 2BY

☎ 01209 213 646

info@thurstanhoskin.co.uk | www.thurstanhoskin.co.uk



Bicycle Maintenance & Servicing

Keep your bike running smoothly all year round!

I can offer professional maintenance and servicing for any bicycle — from daily commuters to weekend riders.

Collection and drop-off available in the local area for your convenience.

- ⌘ All types of bikes serviced
- ⌘ Bike builds
- ⌘ Reliable, friendly, local service
- ⌘ Competitive prices
- ⌘ No job too small

Please Call Roger on
07973 502368



Whatever your funeral needs we are here for you.

We understand that bereavement is a difficult time for any family and with this in mind we are available 24 hours a day, to offer our full and dedicated professional service.

If you're looking to plan a funeral at the moment then you've probably got a lot of questions running through your mind. We are here to answer them, call us on Truro (01872) 274021.

WJ Beswetherick & Son

FULFILLING FAMILY WISHES SINCE 1959

For more information please visit
www.wjbeswetherick.co.uk

King Harry Ferry



Every 20 minutes



7.00am - 7.30pm Monday to Saturdays
9.00am - 7.30pm Sundays & Public Holidays

EXTENDED HOURS in Summer months: Apr/May/Sept/Oct until 8.30pm & Jan/Feb/Mar until 10.30pm



Adam Drouet DPodM MCPod BA(Hons)

Health and Care Professions Council **registered**

PODIATRIST / CHIROPODIST

*Treatment and advice for all foot conditions
with over thirty years' experience*

23 Penhalls Way, Playing Place, Truro TR3 6EX

EASY PARKING and level access

Home Visits Truro and Falmouth Areas

Tel: 01872 273689

Mobile: 07871 592849

For more information visit adamdrouet.co.uk

General Nail Care - Corns and Calluses - Ingrowing

Toenail Treatment and Surgery - Cracked Heels -

Insoles & Orthotics Diabetic Foot Assessment and

Treatment - Plantar Fasciitis

& Heel Pain - Wound Care - Verrucae - Bunions

A.D. GARDEN SERVICES

LOCAL GARDENER

PROVIDING PROFESSIONAL SERVICES

Contact Adrian on:

07890 067843

D.J.S. Kernow Driver Training!

David John Simmons DSAADI (car)
Qualified Approved Driving Instructor since 2003!

**Serving Perranwell Station,
Carnon Downs and surrounding areas.**

Enquires- 07436685055

Facebook – Search @ Greenwith

**I currently have a waiting list of people
eager to start tuition.**

**It is helpful if I can be given significant notice of
when someone would like to start their lessons
to avoid disappointment.**



LOCAL MASSAGE

IN PERRANARWORTHAL

*Beautiful bespoke
garden studio*

- MASSAGE
- HOT STONES
- FACIALS
- REFLEXOLOGY
- TENSION RELIEF
- INJURY RECOVERY



FULL TREATMENT TIME



NEVER RUSHED



FREE PARKING

BOOK WITH BECKY

 **07900 902725**

 coastalcalmmassagetherapy.co.uk



Scan to book 

Atlantic Garden Services

Garden and External Property

Maintenance and Projects

www.atlanticgardenservices.co.uk

atlanticgservices@gmail.com

07534 147698

**Locally based providing garden
maintenance, landscaping and external
property maintenance**





THE ROYAL OAK PERRANWELL STATION

PUB OPENING TIMES

Monday 11am - 11pm
Tuesday 11am - 11pm
Wednesday 11am - 11pm
Thursday 11am - 11pm
Friday 11am - 11pm
Saturday 11am - 10pm
Sunday 12pm - 10pm

Where Good Food Meets Good Company

FOOD SERVICE

Food served daily & daily specials
Lunch service: 12pm - 2pm
Dinner service: 6pm - 9pm
Buffet option for small functions
Sunday and Fish & Chip takeaway*
Burger and BBQ & Chips takeaway*
Food satisfaction Guaranteed



FOLLOW OUR SOCIALS FOR LIVE MUSIC,
EVENTS, OFFERS AND MORE

+44 (0)1872 863 175

✉ theroyaloak.perranwellstation@mail.com

📍 The Royal Oak, Greenwith Hill, Perranwell Station, Truro, Cornwall TR3 7PX



*(daily from 6pm)

As a resident of Perranwell Station for nearly 20 years, Tim May brings genuine local knowledge, deep understanding, extensive experience and exceptional personal service.

Don't leave your next move to chance, be Shore

SHORE
PARTNERSHIP



Tim May
Director
07973 232236



Ben Davies
Director
07487 606001



Ben Standen
Consultant
07879 637624

If you are considering selling, please contact us for a confidential discussion.
contact@shorepartnership.com | 01872 484484 | shorepartnership.com

PROPERTY AGENTS
Where you live matters

Your village property experts...



CLIVEPEARCE
Now you're moving