

# PERAN NEWS

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November  
2025

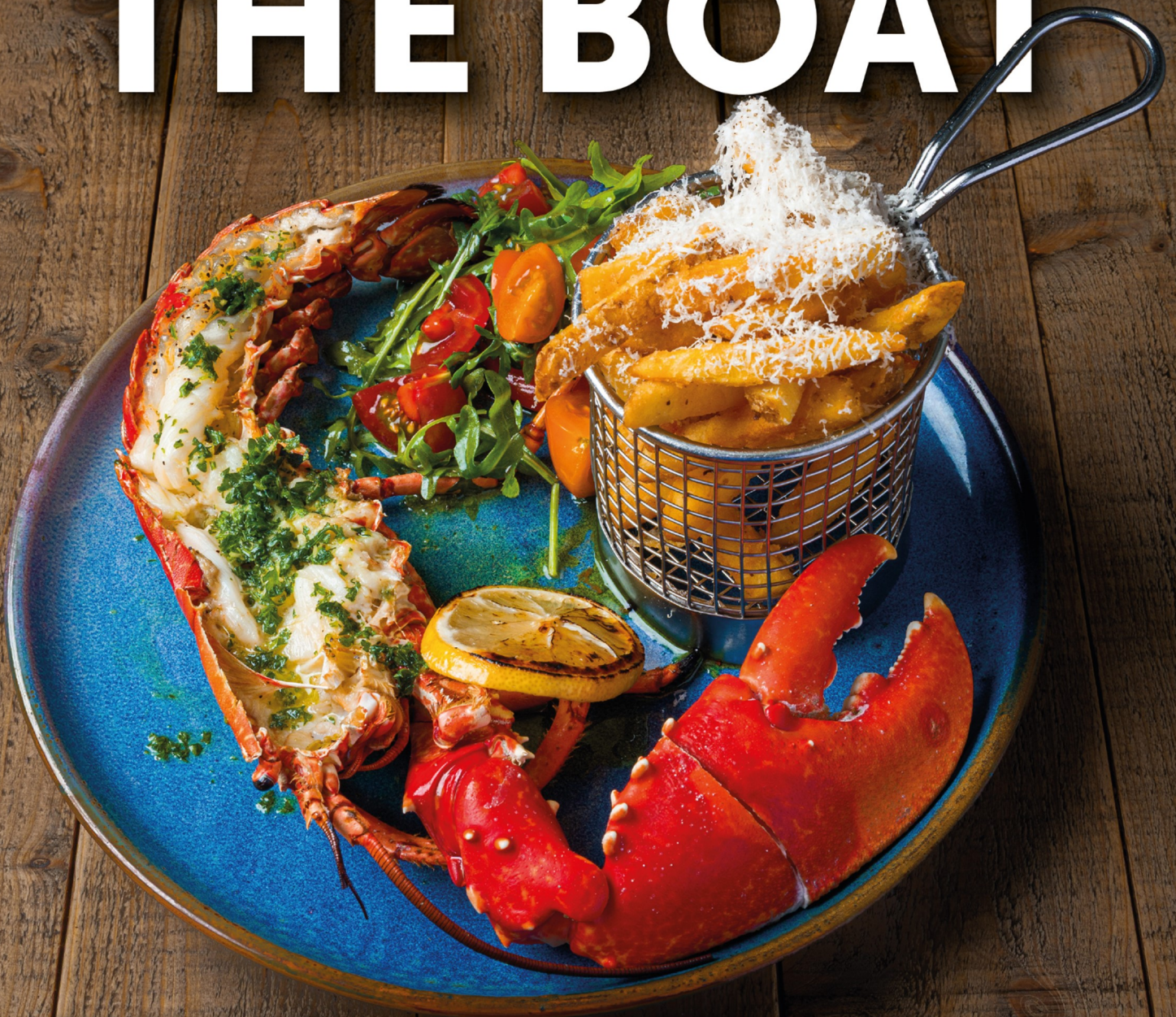






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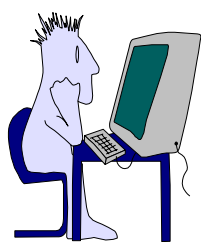
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Thank you to all readers who spotted that the October edition was a year late, and very politely let me know. One kind reader said seeing 2024 on the cover "made him feel a year younger.

Perhaps it could be continued". I posted a confession of careless proof reading and apology on The Facebook Village page. I was very touched by the appreciative, supportive and understanding comments from readers. Thank you.

Kelly, Perran News Cover Person, has suggested we could run a spot the mistake(s) item this month and perhaps devise some similar puzzles from time to time. Make an opportunity from an error. You the readers can be the proofreaders. Another splendid cover this month. Check it out.

Thank you also for responding to my request to update the new look directory. The revised arrangement has been well received, and I have made some suggested updates. I expect there are others so please email me if you spot any more changes that are needed.

Finally, you will note that this issue of **Perran News** is number 399. The first issue was February 1986. This was typed on a typewriter onto a Roneo stencil and the pages stapled together in a spare bedroom by Jean and Norman Barr and Stan Broom. Remarkable changes in technology and communications have taken place whilst Perran News was growing up. The coming December-January edition will be number 400 completing 40 years of uninterrupted publication. A significant anniversary. I would welcome any contributions to mark this big birthday.

Thank you to the advertisers who pay for your free copy of the magazine every month so please

support them. It is very gratifying that **Perran News** is perceived as such an effective local directory for the village. Readers if you use an advertiser in **Perran News** please could you mention you saw the advert in our pages to give them encouragement to continue supporting your free village newspaper. Also, if you know of any tradesmen, businesses or other people who would gain from advertising in **Perran News** please recommend it to them. Please direct advertising stuff to email: [perrannewsads@gmail.com](mailto:perrannewsads@gmail.com)

If you have an event you want to advertise which is scheduled for the first ten days of the month, can I suggest you plan ahead, and publicise it in the preceding month's issue so people will have reasonable notice and there is no likelihood of the event taking place before some readers receive their magazine. **THE COPY DATE FOR MATERIAL INCLUDING ADVERTS IS 12TH OF THE MONTH PRECEDING PUBLICATION PLEASE.**

Thank you to all contributors to **Perran News**. It is an enormous help if you type an item for the magazine on a computer word processor. You can send it in electronic form as a .txt or .doc file, on a disk or ideally as an email attachment. If you have an Apple computer, please could you send files as .doc or rtf as Pages files are incompatible with my windows computer. Please could you also give your files and pictures a brief descriptive title so that I don't have half a dozen perrannewsnov.doc files to sort out. Thanks.

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**Mark Gripper**



## PARISH COUNCIL REPORT: OCTOBER 2025

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Recently, I was accosted by a local resident who asked, in a rather accusatory manner, "What has the parish council actually done?" The tone of the question indicated a high degree of scepticism accompanied by a dispiritingly low expectation of a convincing reply.



This reminded me and will, I'm sure, remind others of a certain age of the blessed Monty Python from the 60s and 70s, including the memorable question, "What have the Romans ever done for us?" To which there was, of course, a fairly full reply. Well, read on, dear citizens, to learn the various ways in which that local resident's question about the parish council might be answered. For those of a masochistic inclination, a full list of the powers and duties of the parish council is available on the website.

The new Hedge Maintenance Policy has been approved which aims to see a long-term improvement in hedge maintenance across the parish (with thanks to Cllr Ashley Bridges for the work that she has put into this). The policy is available on the website and, if your property shares a boundary with a highway or public right of way, such as a footpath, bridleway or byway, you might care to read it. By the way, a little birdie told me that Cllr Pryor has been flailing about again. Busy chap!

You'll recall that Cllr Bron Freake had proposed an extension of the 30mph limit on the A39 from the western end of the current 30mph zone through Stickenbridge to the junction with Frog Hill. This was supported by the parish council but initially rejected by Cormac, who are responsible for highways. The parish council has considered this further and decided not to take no for answer. It has now agreed to approach neighbouring parish councils to see whether they share our concern and what the next steps might be. There are good reasons for pursuing this further as traffic surveys of the area are quite old and there has been, and will continue to be, new housing development in the Stickenbridge area. Parish councillors often need to be persistent to effect change and this is a good example of where persistence is necessary.

Meanwhile, the parish council is proceeding with a proposal to install many more speed awareness signs in the 20mph zone to encourage drivers to slow down. Local residents have made it abundantly clear that the parish council should see a reduction in speeding as a high priority and the police suggested extra signs would be effective. A schedule of potential locations for additional signs has been prepared and will be sent to Cormac for approval. Some anxiety has been expressed about the proliferation of street signs in the village, but on average there will be one new sign every 400 yards or so, so it should not seem overwhelming.

If permission is given for the extra speed awareness signs to be installed, our Speedwatch team will be monitoring the impact. Stuart Douglas, our local Speedwatch coordinator, would dearly love more volunteers for Speedwatch sessions, so if you would obtain a frisson of pleasure from observing the horrified faces of errant motorists who've just been caught speeding (just kidding!), please get in touch with Stuart via the Clerk. I've said it before, but I'll say it again: if you think it's important, don't leave it to others – volunteer!

It was pleasing to receive correspondence from the cricket club announcing that their new electronic scoreboard had been installed as the parish council had given a grant of £500 towards the cost. One of the key roles of the parish council is to provide financial support for local groups and projects and the parish council is always pleased to receive applications for grants (the application form is on the website). While grants are usually quite modest, they are often vital in ensuring the continuing operation of groups or projects.

As I'm sure you know, the Community Store made a welcome return during the summer to the beautifully restored old shop premises in the centre of the village, thanks in large part to the generosity of Jan Moore who had purchased and renovated the property and granted a lease to the community store to use most



of the ground floor (the remainder of the ground floor and the upper floor was allocated for domestic accommodation). It came as something of a surprise, therefore, when the property was put up for sale. In my previous report, I said that the parish council was watching developments closely and would be considering any steps it may be able to take to help secure the long-term future of the store. Two parish councillors (Cllrs Annie Hewitt and Dave Ward) also serve on the shop committee. Since the previous report, David Podd has resigned as chair of the store committee and Annie Hewitt has stepped up into the role to replace him. I'm sure that everybody would wish to thank David for his enormous contribution to the creation of the store in the first place, it's initial two years in the portacabin on the village hall site and the subsequent transfer to the renovated premises. I'm pleased to say that David will continue to be involved in community initiatives. In the meantime, I have had a very helpful conversation with Jan to gain a better understanding about the future of the store. For the time being, the store has a secure five-year lease, but the parish council is going to explore the possibility of registering the store as "an asset of community value" under the Localism Act 2011. If Cornwall Council agrees to register the application, it would give the parish council the right to bid for the property should it come up for sale again on the open market.

What the community store needs more than anything else, of course, is customers. The happy shop customer interface operatives ('assistants' to you and me) are waiting to be rushed off their feet. If you are a regular customer, thank you! If you haven't yet visited the store, please make a point of doing so this month. You will be pleasantly surprised, especially by the community corner where coffee and cake can be consumed - it is a lovely seating area. It is vital to the community that we retain a thriving local shop.

A Big Village Planning Group has been established by the parish council to commission and coordinate a full programme of events between now and the end of 2026. Many people fondly remember the Big Village programmes that were run about 10 to 15 years ago, and some people remember even more fondly the Hey Days of the past. Although we hope everyone gets a lot of pleasure out of the new programme, the principal aim is to raise as much money as possible for the redevelopment of the village hall. Look out for further details and please support as many events as you possibly can. Also, please get in touch if you would like to offer to organise an event, such as an open garden tea party or a display of your favourite hobby. People always love being nosey!

Talking of community initiatives, did you know that Sue Kneebone has opened a very successful recreation area at Chytroon Farm in the centre of the village? It's slightly hidden from public view, which is part of its attraction, like a secret garden. You'll find a small chalet serving refreshments, a wide range of pre-loved clothing, including children's clothing with part of the proceeds being donated to the school, and plenty of play equipment for kids in the field that runs down to the stream. It's open every day of the week except Wednesday and Thursday, although it is sometimes closed during inclement weather. Well worth a visit.

The parish council has decided that regular Tidy-up Days will be run on the first Saturday of each month, organised by Cllrs Lea Thomas and Ashley Bridges and supported by Cormac with the loan of equipment. The next event will be held on Saturday 1<sup>st</sup> November, so look out for details. Meet 10.00 am at the village hall. Areas to be tidied up will include Arworthal Meadows, the station car park and the telephone kiosk near The Norway Inn which was recently purchased by the parish council. If you know of an area that needs tidying up, please tell us so that it can be added to the list. And then join in. What else would you rather be doing on a Saturday morning?

Work continues on other matters such as Chyvoque Lane and flooding at Bissoe Bridge. Updates will appear in future reports. Also, please see the important announcement about this year's Christmas decorations.

I often say that members of the public are welcome to attend meetings of the council and its working groups and generally become involved in the work of the parish council. Look out for details on the noticeboards and website. While members of the public can speak freely throughout working group



meetings, until now any member of the public attending a parish council meeting has only been permitted to speak during an item called 'Public Participation' and, strictly speaking, should not speak throughout the rest of the meeting. This has changed with an amendment to standing order 14(b) which now says, "Members of the public may make representations, answer questions and give evidence at a meeting which they are entitled to attend either during the period of time designated for public participation or at other times at the discretion, and with the permission, of the chairman." This has introduced a welcome degree of flexibility.

So, dear reader, I hope that helps to answer the question with which this report began.

**Colin Bridges**  
**Chairman**

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## **The Big Switch-On!**

We really enjoyed working with residents last year in order to put on a display of Christmas trees in the very centre of the village. With this Christmas fast approaching, and the shop having moved home, we are really excited to build on last year's efforts! We will be hosting a festive day of tree decorating on **Sunday 30th November**, from midday to 4.00 pm. We hope to work closely with the pub, the shop and residents to coordinate a big switch on in the centre of the village at 5.00 pm that evening.

Our chosen colour scheme is red, green and gold, with warm white lights. It is hoped that this will help unify the community effort and keep a cohesion to our display as it grows. We hope everyone will have a chance to enjoy our decorations over the festive period as much as we do the many households who decorate their exteriors for our pleasure.

With such a sprawling parish, we realise that many of us can feel a little out on the periphery at times. With this in mind, we would like to invite all households to put up some sort of outward facing decoration(s) in the red, green and gold scheme. It doesn't have to be of any particular shape or scale, we just thought this would be a nice way for us all to feel a little more connected, especially over Christmas, as much for those of us who spend a lot of time at home as well as those who get to travel through and out of the village regularly. Drawing particularly on memories of efforts made by the community for the tour-de-Britain in 2021, the bunting alone stretched from one end of the parish to the other! It was a wonderful collective effort and thoroughly enjoyed by all who got involved. Imagine an entire trail of fairy lights...!? Magical.

**Cllrs Ashley Bridges, Annie Hewitt & Lea Thomas**

## **COUNCILLOR CONTACT DETAILS**

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Colin Bridges (Chairman)	<a href="mailto:cldr.cbridges@perranarworthal-pc.gov.uk">cldr.cbridges@perranarworthal-pc.gov.uk</a>	07538 125583
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Graham Brown	<a href="mailto:cldr.gbrown@perranarworthal-pc.gov.uk">cldr.gbrown@perranarworthal-pc.gov.uk</a>	01872 862936
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County Councillor	<a href="mailto:Cllr.Ruth.Gripper@cornwall.gov.uk">Cllr.Ruth.Gripper@cornwall.gov.uk</a>	07866 622584



**Services at St Piran's Church Perranarworthal,**  
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Sun 9th Nov Remembrance Sunday,  
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Sun 16th Nov 10 am Communion  
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Sun 23rd Nov 10 am, Toy Service.  
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## PERRANWELL STATION - WEATHER REPORT FOR SEPTEMBER 2025

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Average daytime maximum temperature	17.6C
Maximum temperature	21.5C on the 18th
Average nighttime minimum temperature	10.3C
Minimum temperature	4C on 23rd
Rainfall	5.64 inches
Sunshine	157 hours
Prevailing wind direction	SW quarter, N towards end of month



### **A Wet Month**

September's rainfall was nearly twice the long-term average, with 20 "rain days".

After a warm summer, temperatures were a little below par, however there were some pleasant days in the sunshine, which was slightly above average.

Winds were predominantly from the southwest quarter, but the month ended with northerly winds, with the last 10 days drier and cooler.

**Mike Hands**

***mdh51@btinternet***

## PERRAN-AR-WORTHAL LOCAL HISTORY GROUP

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### **An introduction to Cornish Crosses by Andrew Langdon**

Andrew is an expert on Cornish Crosses who spoke to the group on **23<sup>rd</sup> Sept 2025** about his ongoing research.



There are over 650 medieval crosses in Cornwall including fragments. Ninety percent of them are granite found in areas where there is granite bedrock and on early ecclesiastical sites. In the East they are Latin in style although inscriptions are often difficult to decipher. Many were used as a preaching cross to denote a place for outdoor worship. There are a group of panelled crosses interlaced with knot-work, e.g. St Neots late 9<sup>th</sup> century, and a group in Penwith with a crucifix e.g. St Buryan. Many broken crosses have been rebuilt and incorporated into the fabric of 15<sup>th</sup> and 16<sup>th</sup> century churches, e.g. Cardinham.

By the 11<sup>th</sup> and 12<sup>th</sup> century crosses became more plain, e.g. Penzance. In some areas crosses were carved with trefoil holes and some have been re-used as gateposts and stiles. The tallest is at Quethiock 1883. This was found in 2 sections with part in the churchyard wall and the other used as a gatepost, but when they were rejoined reached a height of 13 ft 4 in. There are wayside crosses developed from the 12<sup>th</sup> century which were carved by a local stone maker and so were more individual in style, e.g. Camborne, which was made out of Polyphant stone and guarded the way to the church.

At St Buryan the cross marks a crossroads; others mark the route to a church or holy well or are used as a boundary marker. Late medieval crosses were often carefully engraved, e.g. with the image of the annunciation at St Mawgan in Pydar, and the 15<sup>th</sup> and 16<sup>th</sup> century lantern crosses in St Ives.



## COUNTY COUNCIL REPORT

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One of the parts of being a councillor which is perhaps less visible to residents is what's known as scrutiny. I thought I'd use this month's piece to say a bit about my work in this area. I'm a member of two scrutiny committees, covering health and adult social care, and corporate finance and performance.



These committees exist to provide constructive challenge within the council. They have a mix of councillors from different political parties, roughly equivalent to the council as a whole, and we spend time digging into things in more detail than we can in a full council meeting. We ask questions and offer suggestions, to improve decision-making and hold the council's Cabinet and senior officers to account. We can make formal recommendations and produce reports (a bit like Select Committees in Parliament).

This month's health committee meeting had lots on the agenda, but one important topic we covered at length was the state of dentistry in Cornwall. This is a major concern for residents and has knock-on effects at other areas of the NHS, like GP surgeries and A&E. There are problems with recruitment (which Brexit has made worse) and a waiting list that doesn't work. We discussed the steps being taken locally to try to improve this and attract more dentists to work in Cornwall. Fundamentally, though, the problem is the national contract, and we will press government for changes to the NHS dentistry contract with fairer funding that recognises the challenges of rural areas like ours.

Corporate finance and performance might sound rather dry, but it's important! Not only does it cover financial performance, but also how the council relates to residents. I'm one of just two women on the 10-person committee, and I do think it's important that there are a range of perspectives and experiences in the room. This month we looked at the Cornwall draft digital inclusion strategy. Digital inclusion affects people of all ages – more than one in ten young people nationally don't have access to a device suitable for learning. I asked whether we are being ambitious enough in our targets for children in school, and I'm pleased the officers agreed to take another look at this.

You can find all the committees and their agendas online, and meetings are livestreamed. Members of the public are welcome to attend, and you can ask questions yourself – but they do need to be submitted in advance. Details at <https://democracy.cornwall.gov.uk/mgListCommittees.aspx>

Ruth  
Ruth Gripper  
Cornwall Councillor for Mylor, Perranarworthal and Ponsanooth  
Email: [cllr.ruth.gripper@cornwall.gov.uk](mailto:cllr.ruth.gripper@cornwall.gov.uk)  
Phone: 07866 622584  
**Have your say**



## THE PERRANWELL MEMORY CAFÉ

---

We meet in the Village Hall at 2.00pm on the Second and Fourth Tuesday of each month.

A group of willing volunteers run a very varied programme for our meetings, as you will see below, and we invite you to come along to join in, meet us and enjoy some tea and cakes.

### 2025

November 11	Nancy Althea with chair yoga
November 25	Nikki Bovis Coulter - Artwork
December 9	Outing – venue tbc
December 23	???? tbc



**For more details contact: Sue 07443 504128 - Mary 01872 865846 - Roe 01872 719076**

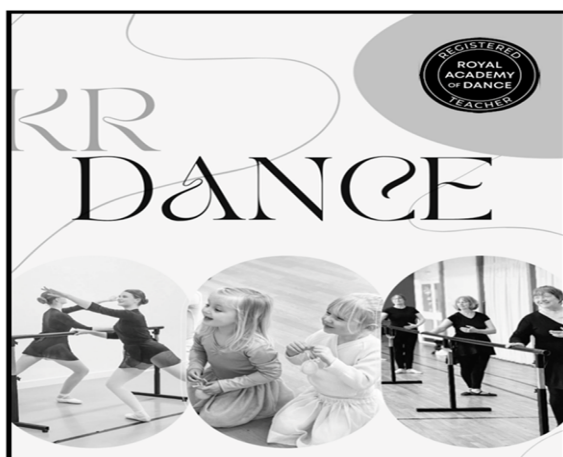
### Perranarworthal Memory Café – a little bit about it and a shout out for volunteers.

There is a Memory Café Network throughout Cornwall. Our Perranarworthal Café is unique and is run by a group of committed and caring volunteers from the local community. We meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month from 2-4pm at the Village Hall. There's always a tea break with plenty of delicious homemade cakes supplied by volunteers. Sessions are made up of activities such as quizzes, games and singing, as well as movement activities like tai chi, and guest performers and facilitators such as musicians and artists. We also manage to fit in a few outings over the year to nearby places such as Trebah Gardens. Guests and carers are always warmly welcomed.

There's plenty of laughter, time to catch up on news and also get a little drop of support if and when it's needed. Whilst we have a great group of volunteers, we are mainly women. So, we would like to encourage some of you men out there to consider becoming a volunteer. We're waiting to hear from you!

**CB**

Contact Sue on: 07443 504128 or Roe on: 01872 719076



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KR Dance is run by Kathryn, along with fellow teachers Clare, and Amely – lifelong friends who grew up right here in the local area. All three trained full-time at the Royal Academy of Dance in London, hold the prestigious Licentiate of the RAD, and bring over 30 years of teaching experience.

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📍 Perran-ar-Worthal School  
& The Perranwell Centre

✉ [krdancecornwall@gmail.com](mailto:krdancecornwall@gmail.com)



## BOOK REVIEW CORNER (AND THE FESTER OF SEASONAL DISTRESS)

---

"Look at him working, darning his socks in the night when there's nobody there"  
Lennon/McCartney



Jenkins knows Halloween doesn't fall at this time of year by chance. No, my love. He had been enjoying the dry autumnal weather but the growing darkness and seasonal decay was always eerie. He had great tributaries of memory that would cascade evermore as dawn yawed wider, yes, my love. His Mother and Father, their lives snuffed out like candles at a working man's bedside, while dead leaves shuffled the dark paths of the family home. Back at age 18 Jenkins had fallen in love and met an October pain he was wholly unprepared for and he had suffered for many hours, alone in the Bargus dark. He thought that nobody else could ever suffer heartbreak so badly but then, as Kafka said, "one can only view life through the keyhole of one's own existence".

Jenkins used to sit down by Jacob's Well and smoke rolling tobacco. Now he goes there to play on his new trials motorcycle.

"House of Day, House of Night" was written by Olga Tokarczuk who is a winner of the Nobel Prize in Literature. It meanders through the lives of some folks in a remote Polish village and really feels, well, a little like straying into a dream. The Brothers Grimm, I'm not overly familiar with, God or lack of God, it's a beautiful book. Saint Soliticitous, my love.

"And the sun of October, summery on the hills shoulder"  
Dylan Thomas, A Poem in October. A Jenkins favourite.  
"Though the town below lay leaved in October blood"

"The Subtle Art of Not Giving a \*\*\*k" is written by Mark Manson and kinda climbed out of the Waterstones shelves with such a title. A Counterintuitive Approach to Living a Good Life, it's basically psychology in a raw and playful form, good fun.

Jenkins was just doing his article. On her deathbed his Mothers grudges had shone as heartbreaking vanity. He remembered his father leaving the house for a Doctors visit. It was the last time he went out of this kitchen door and locked it behind him. The family home, 40 years maintaining the mundic block with layers of paint, the hours spent cutting grass and trimming and cutting firewood, the huge slabs of income he spent to keep the property damp free and pleasantly inhabitable. He left that final time with no ceremony, becoming another spectre of the Bargus dark...

Jenkins had done his article.

"Inside the house there was no sound save the ticking of the mantel clock in the front room. He went out and shut the door... He walked out on the prairie and stood holding his hat like some supplicant to the darkness over them all and he stood there for a long time."

Cormac McCarthy  
JM

## HAVE YOU READ THE COUNCIL REPORTS THIS MONTH?

---

If you have reached this part of the magazine and not read the Parish Council and County Council reports, could I recommend you turn back a few pages and read them. Both reports this month are packed with interesting detail about what our village representatives are doing for us and address many issues that are of concern to readers: speed control both in the village and on the A39, and the lack of NHS Dentistry in the county, to name but two. Read the reports which will give you an understanding of how much stuff is going on at the councils. **MBG**

## **PERRANWELL COMMUNITY STORES UPDATE**

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The shop continues to perform strongly, maintaining a healthy contingency fund. For those interested in reviewing our finances, detailed information is available via a link on our website.

### **Focus Areas for This Month**

This month, we have chosen to concentrate on two key areas: the structure of our pricing and our volunteers

### **External Price Comparisons**

"Its all about swings and roundabouts.... But overall, we fare well against everyone"

We have become aware that some parishioners are unfairly spreading misinformation concerning our pricing. It is important to clarify that over 60% of our products are price-marked by our main supplier. This means our prices are consistent with thousands of similar stores across the UK and in some cases cheaper. An example of this is our freshly brewed take out coffee at £2.50 and our locally handmade cakes represent amazing value at £2.50 for a very generous slice.

We would like to extend our gratitude to Debbie Pass, one of our shareholders, who has dedicated significant time and effort to collect comparative pricing data. This has been a time-consuming exercise but nevertheless an important one which gives us the confidence in our approach to pricing. This is not a one-off exercise but will be an ongoing task.

### **Conclusions from the Price Comparison**

- PCS is highly competitive against Waitrose, with twice as many products offered at a lower price compared to those priced higher.
- There are numerous products being sold by us for less than other large supermarkets e.g. Sainsburys and Tesco.
- Overall, we are confident that we provide good and fair prices to our customers, with our lack of labour costs largely balancing out the superior buying power of bigger supermarkets.
- Our prices are particularly appealing in the Soft Drinks, confectionery, takeaway coffee and cake categories.

Our comparative data will soon be available online for readers to review. We would like to express our gratitude to Debbie for her ongoing dedication to this demanding initiative.

We also reaffirm our steadfast commitment to local suppliers; currently, we source from 15 suppliers, all located within a five-mile radius. This principle has always been integral to our values, and although it may result in marginally higher prices of a few pence on certain items, we believe this is more than offset by the ethical and sustainable benefits achieved.

### **Winter Warmer Promotion**

From November through February, guests can enjoy even greater value with our Winter Warmer Promotion: coffee and cake for £4.75.

### **Volunteers**

The success of our shop is largely attributed to our exceptional volunteers. Since relocating to our current premises, we have welcomed five additional volunteers, and we extend our appreciation for their dedication. Thanks to both new and longstanding volunteers, we now conduct comprehensive stock checks monthly on Sundays, which significantly contribute to our operations.

It has been rewarding to witness the development of friendship groups among volunteers, illustrating that volunteering offers much more than simply assisting in the shop—it is a deeply enriching experience. Customers frequently remark on the welcoming service provided, and that traditional standards of customer care continue to be highly valued.



The following account is presented by two of our experienced volunteers, who were invited to share their perspective on working in the shop.

*There's no time for 'Monday morning blues' -*

*The beginning of each trading week at our community shop marks a period of activity for volunteers in every capacity. The routine includes opening procedures such as unlocking the shop, turning on the lights, operating the till, preparing the coffee machine, monitoring chiller temperatures, arranging cakes for display, and ensuring cleanliness—preparing the premises for a successful day.*

*The bread arrives, another check, invoice and dates, we're low on dairy produce, thankfully Roddas' van arrives and maybe Trevarthens' with lovely meats. More deliveries, beautiful flowers, fresh produce, perhaps prescriptions.*

*Serving customers, the priority, offer to help, time for a chat.*

*Perhaps we can grab ourselves some coffee, whoops! not yet, a walking group here for a warm drink, cake and a deserved rest.*

*Our three hours has flown by, happily two replacement volunteers arrive, a few minutes to handover and we're off until next Monday morning.*

*It has been busy, fun, rewarding and especially great to spend time with each other as well as our customers.*

**Annie and Sue**

We hope this account might encourage others to come forward and help. There are various roles within the shop:

Regular shift volunteer

Ad hoc volunteer including helping with the main stock delivery on a Tuesday

Stock take volunteer- 1 Sunday per month

Store opener or closer- typically a 30-minute task, required as needed

Finally, a big thank you to all those parishioners who do use us. We are aware that our opening hours may preclude some of you, as a voluntary organisation it is impractical to extend our opening hours. It is worth remembering how desolate the village felt without a shop- we feel that together we have brought the heart of the village back to life.

***The Management Committee, Perranwell Community Stores***



**Perranarworthal W.I. invite you to**

**HOLLY, CRAFT, COFFEE and CAKE**  
**on Saturday 29th November from 10am to 12**  
**at Perranwell Village Hall.**

Call in for tasty refreshments and browse the items on our stalls.

There will be:

Christmas decorations, family puzzles and games. Also, stalls from talented local crafts folk, including EcoKitty, pottery and textiles. Plus, new but unwanted gifts, W.I. crafted items and our delicious cakes and biscuits.

Our ever-popular raffle will include goody filled Christmas Hampers.

Bring friends, relatives and neighbours! See you there!



## ST PIRAN'S CHURCH ANNUAL TOY SERVICE 10.00AM SUNDAY 23<sup>RD</sup> NOVEMBER 2025



**Unbelievably we are once again rapidly approaching the month of November** and our Annual Toy Service at St.Piran's Church is almost upon us, to which all are very welcome - particularly young families. **If you have any toys** in good clean and operating condition which your children or grandchildren have grown out of or they no longer require we would be very happy to receive them for distribution to disadvantaged families in the area who, owing to the current economic circumstances, may otherwise receive very little or nothing for Christmas. The Joint Anglican and Methodist Community of our Parish has been providing this facility for the past 50 years or more and you, the residents of our parish, have been most generous with your support over that time for which we and the recipients are sincerely grateful.

**A SINCERE THANK YOU TO ALL WHO HAVE CONTRIBUTED IN THE PAST .**

During recent years the Falmouth/Penryn Food Bank has kindly carried out the task of distributing the gifts from their headquarters in Penryn and are pleased to continue with this facility so - if you have any of the following new or second hand items in clean good workable condition that you would like to contribute we would be very grateful to receive them.

- (1) **For young children** – Toys, games, jigsaw puzzles, scooters, bikes etc
- (2) **For teenagers** – Toiletries, Socks, or anything else you think may be of interest to them.
- (3) **Monetary Contributions** (if you prefer). All cash contributions are used for the purchase of Christmas fare (food) and are not distributed direct so as not to be used inappropriately.

If you are unable or prefer not, to bring your contributions to the Toy Service we will endeavour to collect them so please telephone **01872 - 864542** **ONCE AGAIN – THANK YOU**

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Tuesday 18<sup>th</sup> Nov 7.30pm at the Perranwell Centre



## Cornish Christmas Customs

### Speaker: Dr Jo Mattingly



Dr Mattingly studied medieval and modern history at London University. Having lived in Cornwall for over 30 years her research interests cover Cornish local history and customs. She is a bard of the Cornish Gorsedd.

Jo will tell us about the many Cornish Christmas Traditions from Tudor times onwards as revealed in documentary sources over time. There will also be tastings from the Cornish Christmas table



We will provide some traditional drinks and nibbles to help to get the Christmas celebrations started... so come along and join in the fun.

Members £1   Non-members £4   Annual membership £6

# PERRAN NEWS DIRECTORY: NOVEMBER 2025

If entries are incorrect, please send amendments to [markgripper@gmail.com](mailto:markgripper@gmail.com) Thank you.

Organisation	Contact & Details
Parish Council	Tomas Hill, 01872 865840 <a href="mailto:clerk@perranarworthal-pc.gov.uk">clerk@perranarworthal-pc.gov.uk</a> Agendas, minutes & other items on website: <a href="http://www.perranarworthal-pc.gov.uk">www.perranarworthal-pc.gov.uk</a>
Cornwall Councillor	Ruth Gripper 07866 622584 <a href="mailto:cllr.ruth.gripper@cornwall.gov.uk">cllr.ruth.gripper@cornwall.gov.uk</a>
Member of Parliament	Jayne Kirkham 07736 895195 <a href="mailto:jayne.kirkham.mp@parliament.uk">jayne.kirkham.mp@parliament.uk</a>
Perranwell Centre bookings	<a href="mailto:info@perranwellcentre.org">info@perranwellcentre.org</a>
Perranarworthal School	Rachel Heffer 01872 863004
Friends of Perranarworthal School	Rosie Leach <a href="mailto:fops@perran-ar-worthal.cornwall.sch.uk">fops@perran-ar-worthal.cornwall.sch.uk</a> Kirsty Reynolds
Police Community Liaison Officer	TBC 101
Police Neighbourhood Beat Manager	PC Vince Beckett <a href="mailto:17005@dc.police.uk">17005@dc.police.uk</a>
<b>LOCAL BUSINESSES</b>	
Avon	Sally Perkins <a href="mailto:universally.perkins@gmail.com">universally.perkins@gmail.com</a>
Community Store	Annie Hewitt <a href="mailto:anniek.hewitt7@gmail.com">anniek.hewitt7@gmail.com</a>
Norway Inn	01872 864241
Perranwell Garage	Anthony Scrivener 01872 863037
Royal Oak	Jonathan and Hayley Dolby
Vanilla Salon	Rachael Glanville 01872 864505 <a href="mailto:receptionatvanilla@gmail.com">receptionatvanilla@gmail.com</a>
<b>HEALTH &amp; WELLBEING</b>	
Doctors at Devoran	01872 562200 <a href="http://www.chacewatersurgery.co.uk">www.chacewatersurgery.co.uk</a>
Doctors at Carnon Downs	01872 863221
Defibrillator training	Mark Gripper 07770 997778 <a href="mailto:markgripper@gmail.com">markgripper@gmail.com</a>
Loyal Bee	Tammy & Laura 01872 713823 <a href="https://www.loyalbeecare.co.uk">https://www.loyalbeecare.co.uk</a> Home care services
Psychological Counselling	Karina Griffiths 075685 507705 <a href="mailto:info@taikatales.com">info@taikatales.com</a>
Feet Up! Mobile foot clinic	Karen Myers 01872 834567 <a href="http://www.feet-up.co.uk">www.feet-up.co.uk</a> Visits village hall
Coffee Stop	Ian Halford 07742 622033 Meets every Thursday morning, 9.30-11.30 in the village hall
Keep Fit	Cathy Whitmore 01872 862040
Memory Café	Sue Godfrey 07443 504128 <a href="mailto:sugodfrey@icloud.com">sugodfrey@icloud.com</a> Roe Simpson 01872 719076 Activities, outings, tea & cake. Meets 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday of each month, 2.00-4.00 in village hall
Michelle's Fitness & Wellbeing	Michelle 07546 239032 <a href="mailto:michellesfitnesscornwall@gmail.com">michellesfitnesscornwall@gmail.com</a> Exercise class for independently active older people, Mondays 1.30-2.30, village hall
Seniors' Fitness	Karen Dowden 07967 087511 <a href="mailto:karen.dowden@btinternet.com">karen.dowden@btinternet.com</a>
Wellbeing Club	Ellen Moule 07446 257846 <a href="mailto:ellen.moule@imagineif.net">ellen.moule@imagineif.net</a> 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday each month, 11.00-1.00, village hall
Yoga with Candice	Candice Quarmby 07869 165364 <a href="mailto:canzaq@gmail.com">canzaq@gmail.com</a> <a href="http://www.yogawithcandice.co.uk">www.yogawithcandice.co.uk</a>
Yoga for Relaxation	Deidre Mason 01209 613488
Zest For Life Fitness, Men's Pilates	Zoe Crouse 07721 004122 <a href="mailto:zestforlifefitness@gmail.com">zestforlifefitness@gmail.com</a> <a href="http://www.zestforlifefitness.com">www.zestforlifefitness.com</a> Devoran Village Hall Wednesday 12.00 – 13.00
<b>CLUBS, GROUPS &amp; SOCIETIES</b>	



Organisation	Contact & Details
Aikido (over 18 only)	Jamie 07720 288172 or Carl 07486 597041 <a href="http://www.aikidocprnwall.com">www.aikidocprnwall.com</a> Sundays, 5.00-7.00, village hall
Bridge Club Perranwell	Malcolm Parker 07927 197937
Bridge Club	Trisha Willcocks 01872 864550
Perran Bridge	Malcolm Parker 07927 197937
Carnon Downs Drama Group	Chris Breach 01872 862063 <a href="mailto:secretary@carnondownsdrama.co.uk">secretary@carnondownsdrama.co.uk</a> <a href="http://carnondownsdrama.co.uk">carnondownsdrama.co.uk</a> Rehearsals on Sunday afternoons in village hall
Chess Truro/Falmouth Chess Club	Robin Kneebone 07531 543651 <a href="mailto:chesscornwall@gmail.com">chesscornwall@gmail.com</a>
Choral Society Truro	<a href="mailto:membership@trurochoral.org">membership@trurochoral.org</a>
Computer Services	John Muteham 01872 865449 <a href="mailto:sales@premier-pc.com">sales@premier-pc.com</a>
Cornwall Dog Training	Frankie Bond 01872 864844 <a href="mailto:enquiries@cornwalldogtrainingclub.com">enquiries@cornwalldogtrainingclub.com</a>
Cricket Club Chairman	Adam Widdison 07799 890059 <a href="mailto:adam.widdison@live.com">adam.widdison@live.com</a> Clubhouse & ground off Church Road. Three teams & junior sides
Cricket Club	Ashley Bridges 07816 388474 <a href="mailto:ashleypaw04@gmail.com">ashleypaw04@gmail.com</a>
Football Club	David Kemp 07971 951201 <a href="mailto:k4mpy@btinternet.com">k4mpy@btinternet.com</a> Clubhouse 01872 870202
Kawagishi Dojo	David Collins 07789 441062 <a href="mailto:dwcollins33@gmail.com">dwcollins33@gmail.com</a> Sundays, 9.00-12.00, village hall
Kenwyn Valley Flower & Garden Club	Glennis Beard 01872 560609 <a href="http://www.kenwynvalleyflowerclub.btck.co.uk/">www.kenwynvalleyflowerclub.btck.co.uk/</a>
Les Carrek Lace & Needlecraft Group	Janet Dale 01872 863033
Methodist Chapel	Ann Towsey 01872 864300 <a href="mailto:anntowsey@hotmail.co.uk">anntowsey@hotmail.co.uk</a>
Local History Group	Ruth Ward, 078877 68957 <a href="mailto:ruthward@btinternet.com">ruthward@btinternet.com</a> Usually meets 3 <sup>rd</sup> Tuesday of each month, 7.30 pm in village hall
Perran & District Poultry & Pigeon Soc.	Shane Kneebone 01872 864409 <a href="mailto:perranpoultry@hotmail.co.uk">perranpoultry@hotmail.co.uk</a>
Photographic Club	Roy Mc Bride 01872 863891
Scouts Devoran	<i>Harry Jones Group Secretary and Trustee</i> 07785 392377 <a href="mailto:harryjones61@icloud.com">harryjones61@icloud.com</a>
St Piran's Church Hall Bookings	Heather McCombie 01872 864050
St Piran's Church Wardens	David Simmons 07961 216740 Heather McCombie 01872 864050 <a href="http://www.thewatersidechurches.com/">http://www.thewatersidechurches.com/</a>
St Piran's Church Handbell Ringers	Janet Thomas 01872 862876
St. Piran's Bellringing	Alun Thomas 01872 862876
U3A	Mark Breach 01872 862063 <a href="mailto:mark.breach@yahoo.co.uk">mark.breach@yahoo.co.uk</a>
West Country Embroiderers	Sue Short 01872 864726
Women's Institute	Sue Short 07437 019190 <a href="mailto:ackee123@outlook.com">ackee123@outlook.com</a> 2 <sup>nd</sup> Tuesday of each month, 7.15 in the village hall
<b>PERRAN NEWS</b>	
Perran News Editor	Mark Gripper 01872 863833
Perran News Advertising	Chris Lea <a href="mailto:perrannewsads@gmail.com">perrannewsads@gmail.com</a>
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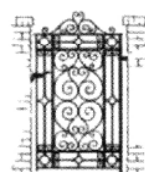


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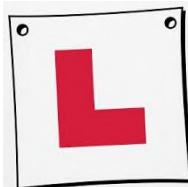
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