

The Royal Oak wins CAMRA Kernow, Bronze Pub of the Year award for 2023!!



certificates

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We meet most Sunday afternoons 2pm-5pm in the **Perranwell Centre** where we build, rehearse and perform 3-4 shows a year.

Drama is not just about being on stage; there is off stage, back stage and front of stage too. It's a place where you get to do all sorts of stuff in a safe environment and where friendships forged can last a lifetime.

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Visit our webpage: www.carnondownsdrama.co.uk Email us: secretary@carnondownsdrama.co.uk Find us on Facebook. Phone us: 01872 862063 or simply come along on a Sunday afternoon and say hello. **Comish Bam**





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EDITORIAL



Congratulations to Tim and Lizzie and the staff at the Royal Oak for their success in the CAMRA pub competition. Villagers know how good the Royal Oak is, but it is

great to have this national accolade. Great stuff.

The coronation and its celebrations will feature during the next month and Kelly has produced another excellent front cover suitably bedecked and "buntinged" (is this a new word I have just invented?) for the coming parties. This issue again advertises the village party on the Saturday, and the concert on the Monday of Coronation weekend. Two fine opportunities to get to know some other people who share the pleasures of living in Perranarworthal Parish.

Steve Hartgroves replies to the enquiries raised in last month's **Perran News** about the history of the village regions with some historical maps. Few communities can have such a knowledgeable local historian contributing regularly to their village newspaper. The local history group also continues to flourish.

Yet again we have lost a few more advertisers this year. It is the advertisers who pay for your free copy of the magazine every month so please support them. It is very gratifying that **Perran News** is perceived as such an effective local directory for the village. Readers if you use an advertiser in **Perran News** please could you mention you saw the advert in our pages to give them encouragement to continue supporting your free village newspaper. Also, if you know of any tradesmen, businesses or other people who would gain from advertising in **Perran News** please recommend it to them. It is very inexpensive and has a very good local reach as our loyal advertisers of many years can confirm. Yselkla Hall is advertising coordinator, as well as treasurer. Please direct advertising stuff to her email: <u>perrannewsads@gmail.com</u> Tel: 07933571681. *Perran News* is provided free to readers thanks to the generous support of our advertisers and involves many willing unpaid volunteers to distribute it. As mentioned before if you would like to be part of *Perran News* new help is always welcome.

If you have an event you want to advertise which is scheduled for the first ten days of the month, can I suggest you plan ahead, and publicise it in the preceding month's issue so people will have reasonable notice and there is no likelihood of the event taking place before some readers receive their magazine. THE COPY DATE FOR MATERIAL INCLUDING ADVERTS IS 12TH OF THE MONTH PRECEDING PUBLICATION PLEASE.

Thank you to all contributors to *Perran News*. It is an enormous help if you type an item for the magazine on a computer word processor. You can send it in electronic form as a .txt or .doc file, on a disk or ideally as an email attachment. If you have an Apple computer, please could you send files as .doc or rtf as Pages files are incompatible with my windows computer. Please could you also give your files and pictures a brief descriptive title so that I don't have half a dozen perrannewsnov.doc files to sort out. Thanks.

If you send articles electronically, could you not include fancy fonts or complicated formatting, the simpler the better, thanks.

Send articles to me at <u>markgripper@gmail.com</u> If you handwrite articles, please make them as clear and legible as possible particularly unusual words or we may make mistakes. Leave handwritten material in the red box at the village shop. *Mark Gripper*

PARISH COUNCIL REPORT: MARCH 2023

A typical range of parish council meetings and working groups was held during March: the Planning Committee and the External Relations Working Group on the 1st, a playing field meeting was held on the 8th, a meeting of the staffing committee on the 15th, a meeting of the Highways & Footpaths Working Group on the 22nd and a full parish



council meeting on the 29th. Most of the minutes of these meetings, except the minutes of the staffing committee meeting which are confidential, can be found on the website: <u>https://perranarworthalpc.org.uk</u> In addition, the parish council held an open consultative meeting on the 22nd to allow parishioners to comment on proposals to improve traffic management in the centre of the village.

However, rather than dwell on the business of individual meetings and as March is the last month in the financial year, it may be helpful to review the achievements of the parish council over the pervious 12 months. The information below was considered and approved at the parish council meeting on the 29^{th.}

1. Overall approach

The parish council had made some progress in becoming more active and promoting its responsibility for community leadership.

2. Governance & administration

The aim had been to publish notices of council meetings in good time, improve the availability of agenda and reports and make minutes of meetings available as quickly as possible after meetings have been held. A new, improved website was up and running. Standing orders had been amended to require minutes of meetings to be published in 14 days. The council still had to complete the publication of all reports with agendas, but overall there had been good progress.

The council had aimed to improve the display of council information on its noticeboards and website. Better management of noticeboards would be achieved via the appointment of the assistant clerk. The council had wanted to approve key policies and procedures. The grievance procedure, disciplinary procedure and complaints procedure had all been approved. Conflicts of interest were covered by the Code of Conduct.

The parish council had hoped that its external relations work would be assisted by the establishment of an external relations working group. This group had held its first two meetings.

The aim to achieve 'Quality Council' status and gain the 'power of competence' had been deferred.

3. Transport (Highways & Footpaths)

Considerable progress had been made in making our highways and footpaths greener, safer, healthier and more accessible, especially for vulnerable road users.

The parish council had been assisted by the Highways & Footpaths Working Group, comprising councillors and local residents, which had done excellent work. In particular, many footpaths had been resurfaced, with more to be done in the next financial year. A high quality maintenance programme had continued.

The parish council had aimed to improve traffic management throughout the parish, but especially in the centre of Perranwell and during closures of the A39. A new virtual footbridge had been installed in the centre of Perranwell, a new 20mph speed had been introduced across most of the parish, and residents had been consulted on possible changes to traffic management in the centre of Perranwell.

The installation of average speed cameras had had an immediate impact on slowing traffic on the A39, but little progress had been made in relation to improving the management of traffic through the parish when that road was closed.



The parish council had aimed to promote cycling, and the safety of cycling, throughout the parish. Concern had been expressed about the tramway crossing on Old Carnon Hill, but no progress had been made in developing "quiet lanes".

4. Environment & climate change

The aim had been to improve the appearance of the parish by improving the maintenance of the parish's infrastructure, improving the management of road-side verges, improving weed control (especially on pavements, kerbs and cycleways) and reducing litter. These matters will be tackled in more detail in 2023-24.

More attention was be given to the maintenance of street furniture and memorials. An audit and inspection was undertaken of parish council assets. Conservation and repair work will be undertaken to the war memorial.

No action had been taken so far on encouraging local groups and organisations to 'Go green' whenever possible.

5. Emergency planning

The aim had been to ensure that the parish, and especially the parish council, are as well prepared as possible to deal with any future emergency. An Emergency Planning Working Group had been established, comprising parish councillors and local residents, to handle matters relating to emergency planning in the parish. The working group had begun to prepare an Emergency Plan for the parish and will see that it is implemented. The main focus will be on the prevention of flooding, but other types of emergency will also be addressed.

6. Community support & community assets

The aim had been to identify and support groups, organisations and assets in the parish which are vital for the wellbeing of the community. Work was continuing.

Greater publicity will be given about the availability of grants. The new website will help.

The parish council has agreed to consult parishioners on 'assets of community value' in the parish, in accordance with the Localism Act 2011. The parish council had wanted to purchase the phone kiosk opposite the Royal Oak and preserve it as a community asset, but it is still in use and is not yet available to be purchased. Any comments on the work of the parish council will be welcomed.

Colin Bridges Chairman

COUNCILLOR CONTACT DETAILS

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Parish Clerk Anna Pentecost	perranpc@btinternet.com	01872 863878	07762028332

PERRANWELL STATION - WEATHER REPORT FOR MARCH 2023

Average daily maximum temperature: Maximum temperature for the month: Average daily minimum temperature: Minimum temperature for the month: Rainfall: Sunshine: Wind direction:

12.5C 16.1C on 30th 6.8C -1.5C on 3rd 7.51 inches 58 hours South Westerly guarter



Very dull and wet

After a dry start, the weather became unsettled from the 7th onwards, with the dull and wet theme being maintained for the rest of the month. With moist air coming up from the South and South West, rainfall was over twice the average for March, while sunshine hours were less than half what we can expect at this time of year, and barely a third of the total in March 2022. Nationally, it was the sixth wettest March in the series back to 1836, and (in some places) the dullest March in the series back to 1910.

With winds from the south westerly quarter predominating, it was a mild month with temperatures some 1.5C above the long-term average, although it often didn't feel like it due to the lack of sunshine and some windy conditions towards the end of the month. This year, March came in like a lamb, and went out like a lion.

Well Said (apologies if I've quoted this one previously)

Everybody talks about the weather, but nobody does anything about it. Mark Twain

Weather Update

After the persistent rain of March, April has been drier, apart from a wet second week of the Easter holidays. Just over two inches of rain have fallen up until the 18th. We've also seen the sun!

Mike Hands

mdh51@btinternet.com

PERRAN NEWS ADVERTISERS RECOMMENDED

Just a short note to let you and your readers know how pleased we are with the services of the tradespeople advertising in your magazine. We just used Andy from ADL Gas & Water to refurbish our en-suite and what a splendid and professional job he did. He left everything clean and tidy and is a really nice person to boot.



We shall definitely use him again in the future. He is the third tradesperson we have used advertising in the *Perran News* and we have been happy with all of them. We currently have Neil Dowling the painter decorator back again another very professional tradesman. *John Blythe*

Services at St Piran's Church Perranarworthal for April 2023

Sun 2 nd April	10.00 am	Communion
Wed 5th April		Tenebrae Service.
	7.00 pm	
Thurs 6 th April	7.00 pm	Maundy Thursday
		Meal.
Fri 7 th April	2.00 pm	Good Friday Foot of
		the Cross Service.
Sun 9 th April	8.30 am	BCP Communion.
	10.00 am	Easter Day Communion.
Sun 16 th April	10.00 am	Service of the Word.
Sun 23 rd April	8.30 am	BCP Comminion.
_	10.00 am	Service of the word.
Sun 30 th April	10.00 am	Benifice Service at Devoran.
Priest in Charge:	Revd Karen	Wilson 07591240640

Churchwardens: Mr Paul Stuart (01872) 278273 Mr David Simmons 07961216740

Full details of all our Easter Services are available at: <u>www.thewatersidechurches.com</u>

The church is normally open for private prayer between 10 am and 11 am on Wednesday mornings. You are very welcome at St Piran's. A very Happy Easter to you all.



We are now holding Coffee Stop on Thursday Mornings

Perranwell Centre 9.30 am

Anyone is welcome to join us and join in the chat.



Falmouth and Truro area Chess



Carnon Downs Village Hall Wed Sept 14, Fri Sept 30, Wed Oct 12, then fortnightly Wednesdays

6pm to 10pm

Ages 8 to 80+ welcome

Coaching 6-7pm free to members

For details call Robin Kneebone 07531543651 chesscornwall@gmail.com

Cost: £3 per session or £25 for Sept to April



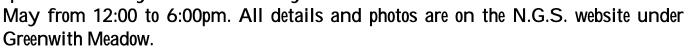
Perran News

N.G.S. OPEN GARDEN

I am opening my garden at Greenwith Meadow again this year for the National Gardens Scheme. It will be the weekend after the coronation. I opened for the first time last year and was overwhelmed by the support from those in the village and further afield.

Thank you so much for coming. We had perfect weather and raised over £800. The money goes straight to the N.G.S. which supports many nursing charities. My grandchildren made and served cakes and drinks and have volunteered to do the same this year.

There will be a plant sale and my painting studio will be open for browsing. The garden is open on Saturday 13th and Sunday 14th of



Posters will be put up.

Please come and visit and bring family and friends.

Thank you to all those who made it such a success last year, and I hope to see you again. Kathy Atkins.

A BELATED THANK YOU TO THE ROYAL OAK

On behalf of Perranwell Memory Cafe we would like to thank The Royal Oak for their generous and most welcome donation of £730.00 collected during their busy pre Christmas period. This will enable us to continue to provide fun afternoons and outings twice a month to our ever-increasing number of guests with memory problems and their carers.

Thank You Lizzie and Tim and your staff and customers.

Mary Painter Treasurer Perranwell Memory Cafe

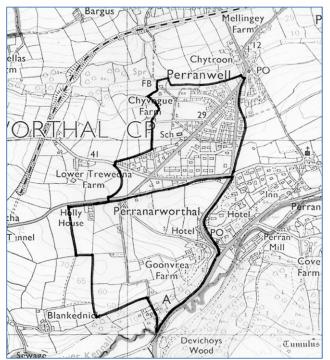


DOWNS AND COMMONS IN PERRANARWORTHAL

In the April issue of Perran News, Jan Moore asked about the historical extent of Perran Downs. We are fortunate that a detailed map of that part of the parish lying to the south of the Trewedna Water was prepared in 1691 for Alexander Pendarves of Roskrow, the landowner at that time, by the surveyor George Withiell. This is an unusually early date for such a detailed large-scale map, and its value to the local historian is considerable.

Transferring the boundary of the Downland as it was in 1691 onto a modern OS map is difficult because the field systems surrounding the downs have been altered and adapted over time, especially in the vicinity of Chyvogue and Goonvrea, and a perfect fit is just not possible. However, the general area is clear enough; Fig 1 shows a belt of unenclosed land stretching from the Trewedna Water to the Kennal River, divided by the road from Perranwell to Pellyn into two areas; to the north is Perran Downs and to the south lies Great Downs. All of this land was unenclosed and uncultivated and would have provided an area for rough grazing and as a source of furze for fuel.

Fig 2 is an extract of Withiell's map showing Perran Downs as it was around 330 years ago; the original is richly hand coloured, and is full of historic detail and charming illustrations. A "Rych Tynn Myne" is depicted on the downs between St Piran's Hill (identified as Truroe Roade) and School Hill (depicted as a simple un-named track across the



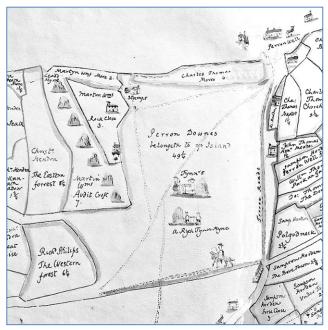
downs). What appear to be two shafts topped with winches are being operated by two pairs of miners. A man in a hat is riding his horse along the road to Ponsanooth or Stithians. It is unlikely that these depictions are intended to be accurate depictions of the scene as viewed by the surveyor. A line of shafts across a field on the west side of the downs is associated with a "leadd Myne" and one of these shafts was encountered recently and had to be remediated during the construction of the houses at meadow park (?) at the top of Chyvogue Lane.

The name Chyvogue is Cornish of course, first recorded in 1643, and indicates the site of a 'blowing house' or

smelter; on the 1691 map the mill at Chyvogue is described as a "Stamps", that is, a water-powered crusher where ore would be reduced to a powder before being smelted. By the time of the Tithe Award of 1842 the site is identified as a "woolen manufactory with tenter ground and slip" and by the 1880s the OS identify it simply as a "Woollen Factory". This nicely demonstrates that, rather like an extension lead, a reliable supply of water brought to site by a leat can be put to any number of end uses.

Fig 1: The extents of Perran Downs and Great Downs (as depicted on George Withiell's map of 1691) transferred to a modern Ordnance Survey map.

Fig 2: An extract from George Withiell's survey of 1691 (courtesy of the Courtney Library, Royal Institution of Cornwall) **SH**



PERRAN-AR-WORTHAL LOCAL HISTORY GROUP

Tues 23rd May 7.30pm

at the Perranwell Centre



AGM & SOCIAL



with free drinks

and nibbles



and a SHOW AND TELL session.





You are encouraged to bring along or tell us about an item of historic interest you may have (although this is not compulsory ...you are welcome to just turn up and join in).

PERRANARWORTHAL LOCAL HISTORY GROUP MARCH MEETING.

Perranarworthal Local History Group hosted Hilary Coleman and the Red River Singers to an entertaining evening at their March Meeting, entitled "Shout Kernow, celebrating Cornwall's pub songs" The evening was based around research carried out by Hilary Coleman and Sally Burley and later published as a book and CD. They were prompted to do this when they realised that pub singing was a very special Cornish tradition that seemed to stop at the Tamar. Some songs seem to be very specific to certain areas, and this was noted in the 1950s when the song collector Peter Kennedy travelled in Cornwall.

The evening started with the Red River singers singing "Little Eyes" which is always considered a very Cornish Song, however the roots of it come from the USA minstrel singers and it has derived from the song "Little Liza". Another



song, "Lily of the Valley", was brought to Cornwall from the United States by the Jubilee Singers. The members of this group were of African American slave origins and the money they earned helped the education of the descendants of slaves.

Cadgwith has a long tradition of singing at the Cove, with it is own "Cadgwith Anthem" ("The Robbers Retreat"). There is a worn patch on one of the wooden beams in the bar where time is beaten as the song is sung.

There are different types of songs sung in the pubs. There has been a huge increase in shanty singing in recent times and Hilary expressed a hope that this would not monopolise other types of songs. It must not be forgotten that there are other types of work songs, for example from the miners and bal maidens. Sankey hymns were also popular.

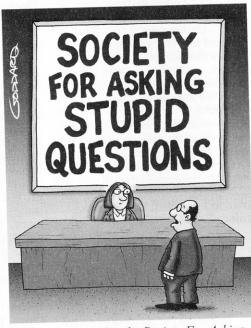
Hilary asked those attending to guess which Cornish song is the most requested. Various suggestions were made by the audience including old favourites like, "Trelawney", "Lamorna", and "Camborne Hill". Surprisingly the most popular song " Cornwall My Home" was written in 1997 by singer songwriter and tour guide Harry "Safari" Glasson which has become a modern classic anthem for Cornwall.

The Cornish language obtained official status in 2010 and its popularity has grown helped by Richard Gendall's compositions in Cornish that were made popular by Brenda Wootton. The Red River singers performed "Kerra Kernow" as an example.

Hilary paid tribute to the pub landlords who encourage singers to their pubs. In particular she mentioned The Countryman at Piece where the Red River Singers gather on the first Sunday evening of each month. The choir finished with "My grandfather Clock" and "Old Time Religion"

I understand that after the History Group talk the singers decamped to the The Royal Oak, where the locals were regaled with more songs!

<u>OUR NEXT MEETING</u> is on **Tues 23rd May at 7.30 pm** in the Perranwell Centre. This will be a short **AGM** followed by a **social with a 'Show and Tell Session'** where you are invited to bring along (or tell us about) an item of historic interest you may have (this is not compulsory ...you are welcome to just turn up and join in.) All welcome so do come along and join us; we would also like to hear your ideas for future meetings.



"Excuse me, is this the Society For Asking Stupid Questions?"

Courtesy of a Recent Private Eye.

A sublime cartoon that all who have worked face to face with the public will relate to.

Simple but so clever, unlike the gent with the glasses who is neither. Hope you enjoy it.

CORONATION CONCERT MONDAY 8TH MAY

WILL KEATING NANKERSEY MALE CHOIR ST STITHIANS SILVER BAND

Bring a celebration picnic Enjoy the music

> Tickets £10 each £27 family



Buy at www.crbo.co.uk Phone 01726 63513 In-Person at Truro TIC, Boscawen Street

King George V Memorial Playing Field Chyvogue Lane, Perranwell Station, TR3 7JU

Car Parking £3

Gates open 5pm Performance starts at 7pm

More information: www.perranarworthalpc.org.uk or www.crbo.co.uk

"For a few years the community have expressed their disappointment that the Parish has not arranged to join national or royal events, celebrated across the rest of the county and country. The coronation of a new King will be a once in a lifetime event for most of us and as a Parish Council we have decided to arrange a music concert. We will build a stage on the playing field and have arranged for some great Cornish musicians to sing and perform for us.

We invite you to join us and celebrate the Coronation together. Bring a picnic and all your family, hopefully under a cloudless sky. Tickets available online, by phone or from the Truro Tourist Information Centre. Any problems give me a call 07710 030543. *Councillors Diane Hirst and Peter Snodgrass*"



Perran News

POOR MOBILITY AND TRAPPED INDOORS – FOLLOW UP



The March *Peran News* offered a free wheelchair pushing service for people with poor mobility. Unfortunately, nobody responded.

So, this is a follow-up primarily aimed at people who know others that are immobile. Please encourage them to have a go and try it out, particularly now that the weather starts to improve. I had been pushing my mum round the village for years before I realised just how much she enjoyed it and how beneficial it was for her – her mood improv and she started talking more despite her dementia.

Older people sometimes seem to shun changes that could improve their lives, so if you care about them and they are immobile, maybe you can help to start them up with the service.

If you're interested, call me on 07824 996779

Thanks, Peter

PS Of course I'm assuming that at least one immobile person exists in the village!

RAINBOW RUN

Cornwall's most colourful, family-friendly fun run is returning to RAF ST Mawgan, Newquay, this summer. Rainbow Run Cornwall is taking place on Saturday 17 June 2023 in aid of Children's Hospice South West (CHSW) and is again being sponsored by local business, Ann's Cottage. Anyone aged five years and over can join the fun and get covered in powder paint as they walk or run through 7 different coloured paint stations along the 5km



flat route. Tickets are on sale now, and participants are asked to raise £20 in sponsorship and everyone who crosses the finish line will receive a special Rainbow Run medal. People taking part in last year's event at RAF St Mawgan raised over £60,000 to support CHSW's Little Harbour children's hospice in St Austell, Cornwall. To buy tickets, or for more information, visit <u>www.chsw.org.uk/rainbowcornwall</u>

THE BIG SOUTH WEST CREAM TEA

Friday 30 June 2023 is National Cream Tea Day! To celebrate, each of our hospices are holding cream teas for the families we support. Join us by hosting your own cream tea to help raise vital funds for children and young people living with life-limiting conditions. Coming together to share a cream tea is such a simple pleasure that many of the families supported by CHSW look forward to. Alongside our care and support, your donations could help to fund experiences like gathering together for a delicious cream tea in our hospice gardens, and help to make memories for families now and into the future. It costs nothing to sign up and by hosting or taking part in a cream tea event, you raise money for families and help make the most of short and precious lives, one scone at a time! For more information visit www.chsw.org.uk/event/big-south-west-cream-tea

THE PERRANWELL MEMORY CAFÉ

We meet in the Village Hall at 2.00pm on the Second and Fourth Tuesday of each month. We have a very varied programme for the year as you will see below, and we invite you to come along to meet us for a chat with tea and cake.

2023

May 9th	In house CORONATION
May23rd	Cober Band – Stewart Douglas
June 13th	Music Therapy – Melanie Garside
June 27th	Outing to Trelissick
July 11 th	Music and Movement – Karen Dowden
July 25th	Music, Music, Music
August 8th	Drums for Fun
August 22nd	Picnic in the Park (weather permitting)
September 12th	Tai Chi Kempo
September 26th	Outing for tea at Linden Hey
October 10 th	In house HARVEST
October 24 th	Sunny Side Up – Ukulele Band
November 14 th	Music and Movement – Karen Dowden
November 27 th	Outing – to be confirmed
December 12 th	In house CHRISTMAS



For more details contact: Sue 01872 864676 - Mary 01872 865846 - Roe 01872 719076

20 MILES PER HOUR

Our village is slowly changing, And slowly is the word. While I was driving down the hill, (and this is quite absurd) A cyclist quickly passed me, And With a cheery wave Zoomed round the bend and out of sight No penalty incurred.

As far as I have gathered, This speed is difficult to keep Without wearing out the gearbox, Or falling fast asleep. Cars and vans up close behind, While I am trying hard To keep below the limit, While others disregard.



I don't want to be a rebel, It's right to play my part. I wonder if the answer Is to buy a horse and cart.?

Tam Lewis

CHACEWATER & DEVORAN SURGERIES SPRING NEWSLETTER

Covid Spring Boosters

The Spring Booster campaign has now commenced. The surgery will be providing a vaccination clinic on Saturday 13th May at the surgery for eligible patients aged 75 years or over and those with a weakened immunity. We will be sending out invitations soon for patients to be able to book their appointment slot. If you have



decided that you do not wish to have this booster vaccination, please could we ask that you let us know this so that we can update your records accordingly. This will cease any further invitations to you and will also help us to plan any further sessions, if needed.

We are unable to provide Covid vaccinations in normal surgery appointments and so anyone who is unable to attend our clinics will need to contact the national Covid booking team on 119 or visit <u>COVID-19 vaccination</u> <u>services - NHS (www.nhs.uk)</u> to arrange an appointment at a local vaccination centre.

For our patients who are unable to come into the surgery (or any other venue) for this vaccination due to being housebound, vaccinations are being provided by another healthcare provider.

May Bank Holidays

There are 3 bank holidays in May this year. Please see below our opening hours and details of medication ordering dates to assist our teams in ensuring everyone has their medication in time.

Medication ordering times

Bank Holiday	Last ordering date	Managed repeats due to collect on
	for medication	this date will be ready to collect by
Monday 1 st May – Early Bank	Monday 24 th April	Friday 28 th April
Holiday		
Monday 8 th May – Coronation	Friday 28 th April	Not affected due to previous bank
		holiday
Monday 29 th May – Spring	Monday 22 nd May	Not affected due to previous bank
Bank holiday		holiday

Bank Holiday Opening Times

Dates	Chacewater Surgery	Devoran Surgery			
Friday 28 th April	08.30 - 18.00	08.30 - 13.00			
Saturday 29 th April	Closed	Closed			
Sunday 30 th April	Closed	Closed			
Monday 1 st May	Closed	Closed			
Tuesday 2 nd May	08.30 - 18.00	08.30 - 13.00			
		13.30 – 18.00			
Friday 5 th May	08.30 - 18.00	08.30 - 13.00			
Saturday 6 th May	Closed	Closed			
Sunday 7 th May	Closed	Closed	Closed		
Monday 8 th May	Closed	Closed			
Tuesday 9 th May	08.30 - 18.00	08.30 - 13.00			
		13.30 – 18.00			
Friday 26 th May	08.30 - 18.00	08.30 - 13.00			
Saturday 27 th May	Closed	Closed			
Sunday 28 th May	Closed	Closed			
Monday 29 th May	Closed	Closed			
Tuesday 30 th May	08.30 - 18.00	08.30 - 13.00			
		13.30 – 18.00			



Whilst we are closed

If you have a <u>medical emergency</u> call 999. If you require any medical advice that **cannot wait until we re-open** please call 111 (NHS 111 out of hours service)

Dr Natalie Dawes

We are delighted that Dr Dawes is expecting her second child. Her last working day with us will be on Thursday 11th May. We wish Dr Dawe's and family well in the months ahead.

Maternity cover will be provided, we are looking forward to Dr Katie Davey joining our team.

GP Training Practice

We are delighted to be able to provide support once again to Doctors wishing to train to become General Practitioners. We welcomed Dr Rachel Mannings to our surgery in February and we are all really enjoying having her at the practice. Dr Mannings will be with us until the summer and you may well be offered an appointment with her. As with all of our trainees that will work at the surgery, Dr Mannings is a qualified Doctor working under the supervision of one of our GP's.

Appointments

It has been a busy Winter once again and demand exceeded our capacity significantly at times. This had a knockon affect to our non-urgent appointment timeframes meaning that at times it could be up to 4 weeks before an appointment could be offered. This is not a timeframe that we are comfortable with but unfortunately were unable to prevent.

Our Partners have once again reviewed our capacity and our appointment structure and have made some changes that we are hopeful will help reduce waiting times. These changes have been implemented and we feel that there is already a slight improvement so feel that these tweaks are already helping.

As always, we would like to re-iterate that the timeframes stated are for non-urgent appointments. Each day there is a Duty Doctor working who is available for Urgent matters along with other appointments for patients who need to be seen that day. Patients needing urgent assistance will be supported and seen when necessary.

Care Co-Ordinator

Our surgery has a Care Co-ordinator working with us, Natasha Hawke. You may get contacted by Natasha if you have recently been in hospital. She is available to help support our patients access healthcare provision along with supporting patients with complex health needs.

Natasha is also helping to support our patients who care for people and is keen to organise a Carers Support Group at our surgery. If you are a carer and are registered at our practice and would be interested in this, please contact the surgery to speak with Natasha. Natasha is with us on a Tuesday and Friday.

First Contact Physio Service

We are very lucky to have a fantastic physio service attached to the surgery that you are able to access without speaking to a GP first. If you are suffering with a back/shoulder/knee issue that you feel would benefit from physiotherapy, please contact the surgery and ask to be booked in with one of our First Contact Physiotherapists. This can either be via a telephone call or a Face to Face appointment depending on availability but can usually be offered with 2 weeks of contact, if not sooner.

Sharps Bins

We have been informed by our supplier that they will no longer be providing us with free sharps bins for patient use. This change means that any patient request for a sharps bin will need to be prescribed and issued through a prescription and those patients who are not eligible for free prescriptions will need to pay a prescription fee (currently £9.65)

The surgery is also unable to receive back sharps bins once full. Patients need to contact The Cornwall Council Sharps Bins & Bags Collection Department on 0300 1234 141 to have these collected from their home.

DIRECTORY MAY 2023

Organisation	Contact	Telephone	Email
Art Group (Thurs)	Tony Irving	01872 870371	demara111@outlook.com
Avon	Sally Perkins	01072 070371	universally.perkins@gmail.com
Badminton - Tuesdays			
	Teresa Frost	07717 378603	
Royal British Legion			PerranwellStation.secretary@rbl.community
Bridge Club, Perranwell Village	Malcolm Parker	01872 863170	
D	Trisha Willcocks	01872 864550	
Perran Bridge	Jean Boddy	01326 314287	jmboddy984@aol.com
Carnon Downs Drama Group	Chris Breach	01872 862063	
Carpet Bowls Club	Jane Blackburn	01872 862082	
Chess Truro/ Falmouth Chess Club	Robin Kneebone	07531 543651	chesscornwall@gmail.com
Choral Society Truro	Glynis Wadham- Smith		membership@trurochoral.org
Community Liaison Officer (Police)	TBC	101	
Cornwall Dog Training	Frankie Bond	01872 864844	enquiries@cornwalldogtrainingclub.com
Psychological Counselling	Karina Griffiths	075685 507705	info@taikatales.com
Cricket Club	Chris Yeomans		chrisyeomans1@gmail.com
Cricket Club Pavillion		07779 895771	
Cub Scouts	Ross Geach	01872 862117	
Defibrillator Training	Mark Gripper	07770 997778	markgripper@gmail.com
Dental Practice	Mr N. Jones	01872 863399	
Doctors Devoran		01872 562200	www.chacewatersurgery.co.uk
Doctors Carnon Downs		01872 863221	
Football Club Contact	David Kemp	0797 1951201	k4mpy@btinternet.com <k4mpy@btinternet.com< td=""></k4mpy@btinternet.com<>
Football Clubhouse		01872 870202	
Friends of Perranarworthal School	Rosie Leach	01012010202	fops@perran-ar-worthal.cornwall.sch.uk
Keep Fit	Cathy Whitmore	01872 862040	iops@perian-ai-worthai.comwail.scil.uk
Kenwyn Valley Flower and Garden Club	Glennis Beard	01872 560609	, http://www.kenwynvalleyflowerclub.btck.co.uk/
Les Carrek Lace & Needlecraft Group	Janet Dale	01872 863033	, http://www.kenwynvalleynowerclub.blck.co.uk/
Memory Café	Sue Godfrey	01872 864676	
Methodist Chapel	Ann Towsey	01872 864300	anntowsey@hotmail.co.uk
Neighbourhood Watch	PCSO Chris Braddon	101	
Parish Council Clerk	Mrs Anna Pentecost	01872 863878	perranpc@btinternet.com
Parish Council Website	http://www.perranarv	1	<u><!--</u--></u>
Parish Tree Wardens	Mr & Mrs Graham Brown		
Perranarworthal Local History Group	Ruth Ward	7887768957	ruth_ward@btinternet.com
Perranarworthal School	Mrs Rachael Heffer	01872 863004	
Perranwell Centre bookings	Dave Ward		hello@perranwellcentre.org
Perran & District Poultry & Pigeon Soc.	Shane Kneebone	01872 864409	perranpoultry@hotmail.co.uk
Perran News Editor	Mark Gripper	01872 863833	
Perran News Advertising	Yselkla Hall	07933 571681	perrannewsads@gmail.com
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Perranwell Garage	Anthony Scrivener	01872 863037	
Photographic Club	Mr Roy Mc Bride	01872 863891	
Physiotherapy	Judith Handley	01872 870636	judithhandley@yahoo.co.uk
Royal Oak	Lizzie Archer	01872 863175	lizziearcher@btinternet.com
Scouts Devoran	Mick Roberts	07813 046879	
Senior's Fitness	Karen Dowden	07967 087511	karen.dowden@btinternet.com
St Piran's Church Hall Bookings	Mrs H McCombie	01872 864050	
St Piran's Church Warden	Mr P Stuart	01872 278273	http://www.thewatersidechurches.com/
St Piran's Church Warden	Mr D Simmons	01872 862066	http://www.cnewaterbidecharcileb.com/
SCENERS CHUICH WARDEN		01072 002000	



DIRECTORY MAY 2023

St Piran's Church Handbell Ringers	Janet Thomas	01872 862876	
St. Piran's Bellringing	Alun Thomas	01872 862876	
Toddlers Group	Tracey Woodrow	01872 862602	
U3A	Mark Breach	01872 862063	mark.breach@yahoo.co.uk
Vanilla Salon	Rachael Glanville	01872 864505	receptionatvanilla@gmail.com
West Country Embroiderers	Sue Short	01872 864726	
Women's Institute	Sue Short	01872 864726	
Yoga for Ralaxation	Deidre Mason	0209 613488	
Councillors Cornwall Council	Peter Williams	07833 439168	prgwilliams@cornwall.gov.uk
Member of Parliament	Cherilyn MackRory		
Zest For Life Fitness	Zoe Crouse	07721 004122	www.zestforlifefitness.com

If some of these entries are out of date please could updates or deletions please be sent to markgripper@gmail.com so that appropriate amendments can be made. Thank you.

The new bus timetable is not easy to read, so here is a chart of the buses that go through the village - which may make things clearer

(From experience, the drivers on the old 46 route were happy to stop anywhere safe on their route)

	Buses going towards TR	JRO										
Route 36	from Stithians											
	Royal Oak	7.36	07.41	09.08	10.33	11.48	13.43	15.33	16.05	17.00	17.48	
	P'well Rly Station +2 min	(term)	(hols)					(hols)	(term)			
	Truro bus station + 19 min											
Route 36A	I A from Frogpool						36S	36				
	Perranwell Rly Station	07.48	09.35	11.35	12.35	14.25	15.34	15.35				
	Truro Bus station + 26 min											
	Buses leaving TRURO											
Route 36	Truro	07.15	07.25	08.35	10.3	12.15	14.15	14.25	15.20	17.05	18.05	18.30
	+19 min to Royal Oak	(term)	(hols)				(term)	(hols)	(term)			
	route then goes up Schoold Hill to		wards (Stithian	S							
Route 36A	Truro			08.55	10.55	11.30	13.15	15.20	16.05	18.05		
	+ 26 min to Chapel	(term)	(hols)									
	route then goes up Greenwith Hill			ds Frog	pool							



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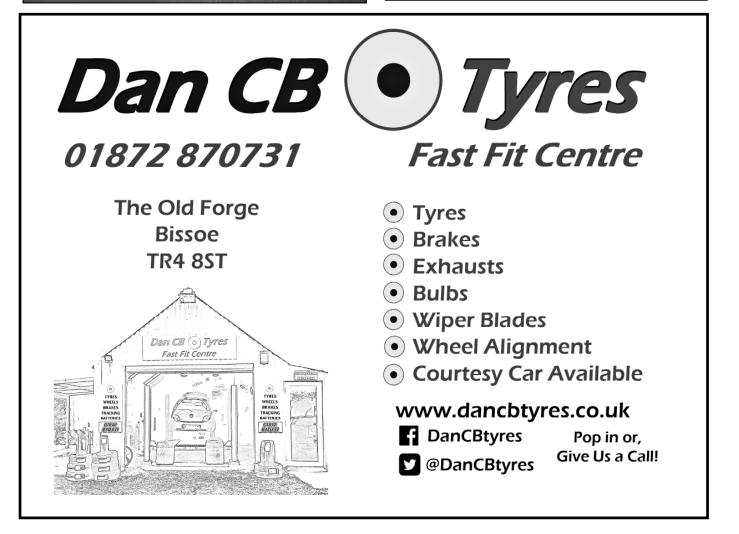
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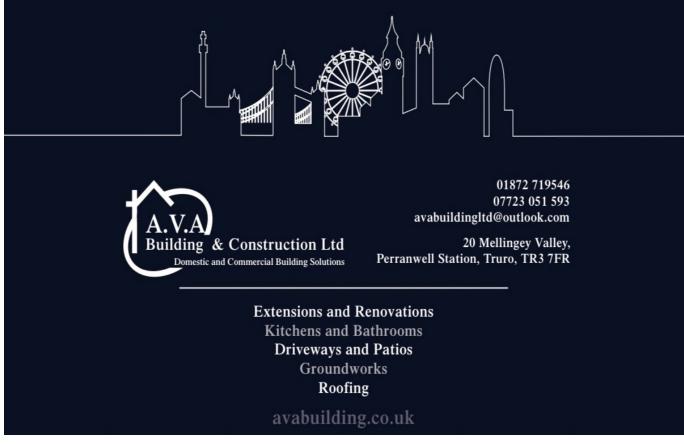


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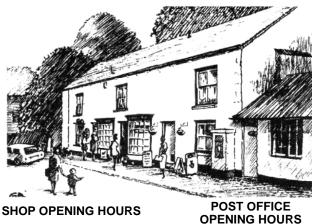
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