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May
2025





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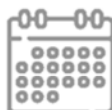
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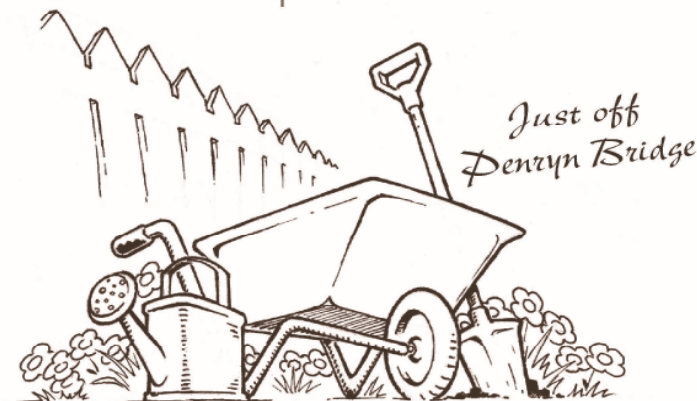
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Spring has been with us at times. Kelly's cover this month is a reminder of the gardens and hedgerow colours we enjoy in April. The bluebells are appearing as I write this.

The local elections will probably have taken place by the time this magazine is delivered. I hope that readers have used their votes to elect both parish and county councillors. Local elections seem more about personalities than political parties somehow.

The hustings for the parish council reported by Chris Lea is in this issue. Thank you to the candidates and audience who made it an interesting meeting. Hopefully it helped those present with their choices of parish council nominees.

Good news, work is moving on with the village shop premises, and with luck the Community Shop team will be moving back to the original building during the summer. Thank you to Jan Moore for so generously enabling this to happen in the old shop premises. The building is looking good with the windows refurbished. Great stuff. I expect like me readers will be looking forward to seeing the new look inside.

We are exceptional as a traditional village in having so many community amenities, shop, school, pub, church, cricket ground, playing field, football pitch, two children's playgrounds and a garage. These community assets need to be cherished and supported.

The garage is a good example of a traditional business, and I know some readers find it very convenient to have servicing and MOT's done there at much more competitive rates than main dealers. I am also advised that many car makers allow routine maintenance and servicing by non-dealer garages of newer cars within the warranty period. The only condition is that replacement parts are sourced from the manufacturer, rather than generic parts from a motor factor. If you don't want to make the journey to the dealer, give the village garage a ring and they will come and collect your car and return it once the work is completed.

Readers who use the garage speak well of them.

Of course, if the mood takes you, pick up a classic car whilst you are there, if your wallet will run to it. This week there are two Beautiful E Types on show. Boyhood dreams for real.

Thank you to the advertisers who pay for your free copy of the magazine every month so please support them. It is very gratifying that **Perran News** is perceived as such an effective local directory for the village. Readers if you use an advertiser in **Perran News** please could you mention you saw the advert in our pages to give them encouragement to continue supporting your free village newspaper. Also, if you know of any tradesmen, businesses or other people who would gain from advertising in **Perran News** please recommend it to them. Please direct advertising stuff to email: perrannewsads@gmail.com

If you have an event you want to advertise which is scheduled for the first ten days of the month, can I suggest you plan ahead, and publicise it in the preceding month's issue so people will have reasonable notice and there is no likelihood of the event taking place before some readers receive their magazine. **THE COPY DATE FOR MATERIAL INCLUDING ADVERTS IS 12TH OF THE MONTH PRECEDING PUBLICATION PLEASE.**

Thank you to all contributors to **Perran News**. It is an enormous help if you type an item for the magazine on a computer word processor. You can send it in electronic form as a .txt or .doc file, on a disk or ideally as an email attachment. If you have an Apple computer, please could you send files as .doc or rtf as Pages files are incompatible with my windows computer. Please could you also give your files and pictures a brief descriptive title so that I don't have half a dozen perrannewsnov.doc files to sort out. Thanks.

If you send articles electronically, could you not include fancy fonts or complicated formatting, the simpler the better, thanks.

Send articles to me at markgripper@gmail.com If you handwrite articles, please make them as clear and legible as possible particularly unusual words or we may make mistakes. **Mark Gripper**

PARISH COUNCIL NOMINEE MEETING THURS APRIL 10th



Village Hall Thursday 10th April.

A hustings for the forthcoming parish council election was held in the village hall on Thursday 10th April. The event was organised and chaired by Mark Gripper, the editor of Perran News.

20 members of the village in attendance.

7 nominees presented in two minutes each their reasons for standing for a place on the Perranarworthal Parish Council.

2 nominees sent their apologies prior to the meeting.

Presentation in order of speaking (decided by lottery):

David Ward: A serving Parish Councillor, member of the Highways and Footpaths committees. Active member of village Community Shop. He serves to provide a better village, for prosperity and better use of community resources. He is excited by the possibilities for the village including the Village Hall plan. He is a Village Hall trustee.

Mark Pryor: Has served as Parish Councillor for 30 years. He is part of the Playing Field amalgamation steering group as well as the Planning Committee and a member of the staffing committee.

Bronwyn Freake: 14 years a resident in the village. She was previously a Parish Councillor and was Vice Chair. Her background is in Education and was part of the Neighbourhood planning group and Emergency Plan group. She is a team leader for the Community shop. She would like to deliver better links with the village school.

Lea Thomas: 20 years a resident and is a Parish Councillor. Her background is Local County Council Agriculture and Horticulture teams and is part of the Environment working group that leads Tidy Up teams.

Richard Holman: 30 years a resident and 5 years a Parish Councillor. He was part of the COVID Response team, chairs the Highways& Footpaths working group and is part of the Community Flood team.

Ashley Bridges: Grown up in the village. A Parish Councillor with links to the cricket club and school. Worked on projects that benefit the community including hedges, wider services for the village population and community safety. She wishes to provide support for younger members of the village and support for the school. She values the need for good communication and a more effective website including what the community require

Colin Bridges: Currently Chair of Parish Council. Formerly Chair of school governors and Chair of Village Hall trustees. Previous Parish Council aims : (1) Improve Parish Council communication, (2) Improve Parish Council leadership (3) Improve well-being of community. Future Parish Council aims: (1) Improve the way Parish Council do things and provide stability and respect for all. (2) Improve Parish Council teamwork and everyone pulling their weight. (3) Deliver better life opportunities for community .

Following the presentations there was one question for nominees provided by member of community: If elected what is your priority, passion or goal.? How will it benefit the community?

DW: Involvement of all community in Parish Council and Community shop.

LT: Achievement of other Parish Councils across the area exceed PWell. Why haven't we achieved? Why have we stagnated? How can we make the village fit for future generations?

BF: Closer links with village school (school council). There is a lot more to do. Neighbourhood plan is there. What will be done with it?

AB: Prioritise Parish Council Activities. Connection and communication. Provide infrastructure.

CB: Rebuild the Village Hall with community support. Provide a strategic plan. Make initiatives joined up.

RH: Engagement of parishioners.

MP: Playing Field and Village Hall development and footpaths. No falling out between Parish Councillors.

Mark Gripper then invited questions from the community who attended the meeting but many of the contributions were statements or recommendations.

Are all Parish Councillors intending to stand for election?

The answer was yes, and BF and AH have been nominated to rejoin the Parish Council. That means there are 11 nominees but only 10 can be elected.

Community spirit needs to get going again to unite the village. Many contributions about involving younger members of the community, reinstating Hey Day, Fun day, Big Village Day, tea dance, Parish Council open days and how the Parish Council can reach out to the community. It was agreed the COVID stopped the community events, but that participation could be reintroduced through improved media links.

There was reference that this is a new start for the parish Council and that 'squabbling' had stopped. Working groups hadn't hit the mark in all cases, but a program of events could be initiated by a positive and active Parish Council.

The new Village Hall is seen as a central or focal point for the community.

It is acknowledged that there are many new members of the village community, and the population demographic is of an older age, and that younger members need a voice in the future of the village. There are many people from outside the village that make use of what is available in Perranwell.

Following a suggestion from the floor that slogans are effective, Mark Gripper concluded the meeting with a “tongue-in-cheek” suggestion that a slogan for the Parish Council could be ‘Make Perranwell great again.’

With proactive, willing, positive parish councillors this is possible. There are strong candidate nominees. and he encouraged everyone to use their vote. He also encouraged those present to encourage those not present to read the Perran News to understand what is happening in the village and vote at the election.

C.L

DO YOU REMEMBER BIG VILLAGE?

At the meeting in the Village Hall on April 10th, when the audience was addressed by each of the candidates for election to the Parish Council on May 1st, mention was made by several of them of the wish to develop a greater community spirit and to involve residents of all ages in more village activities.

Many readers will remember the very successful Big Village events that took place, starting in 2013 and continuing until 2017. They were the result of an initiative first put forward by the Parish Council two years earlier. A small group of volunteers then agreed to take this forward. We met as a committee to plan the programme, and in the summer of 2013, the first event took place. The whole programme lasted one complete week and, on several days, there were even two separate events.

They were very well supported, many taking place in the Village Hall and all of them in or around the Village. They included talks on a variety of subjects, guided walks and garden visits, sporting and social events and occasions for dance, keep fit and music.

Such was the enthusiasm and interest that it was decided that in 2015, we would attempt to make Big Village last the whole month. We had learned that some residents had been away throughout the first BV event and we wished to avoid this in the future. Then, for 2017, we made the decision that the ideal length for BV would be two weeks and three weekends. We felt that we had found the correct formula. We started planning for the next BV event and then Covid intervened!

However, the lessons we learned are very valuable. A small team of enthusiastic and imaginative residents could easily resurrect this project, and I know that they would be supported by the Parish Council, probably even financially. All that is needed is the willingness of a few people representing residents of all ages, from the youngest to the oldest, to meet, plan and organise.

How about it? The whole village will benefit.

Ian Halford

St Piran's Church, Perranarworthal, Services

MAY 2025

**Sunday Services, on 4th, 11th, 18th and 25th May
are expected to be at 10 am.**

Please check the website for up to date details.

www.thewatersidechurches.com

Churchwardens:

Mrs Heather McCombie (01872) 864050

Mr David Simmons 07961216740

The church is normally open for private prayer on
Wednesday Mornings between 10 and 11.

Everyone is welcome to join us at any of our ser-
vices.



**We are now holding
Coffee Stop
on Thursday Mornings**

**Perranwell Centre
9.30 am**

**Anyone is welcome to join us
and join in the chat.**



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PERRANWELL STATION - WEATHER REPORT FOR MARCH 2025

Average daily maximum temperature:	11.4C
Maximum temperature for the month:	15.0C on 26th
Average daily minimum temperature:	5.0C
Minimum temperature for the month:	-1.5C on 4th
Rainfall:	1.36 inches
Sunshine:	136 hours
Predominant Wind direction:	East



Dry, and sunnier than normal

In stark contrast to March 2024, March 2025 was generally dry and bright. High pressure was in charge for much of the month, with rainfall 38% of the average for March, only 2011 and 2012 being drier since 2006. Meanwhile, sunshine hours were above average, but not by a large margin. Nationally, England experienced the 6th driest March since records began, and the sunniest March on record.

Day-time temperatures were near normal, however night-time temperatures were a degree or so below. Cooler spells from 1st to the 5th and from 11th to the 18th were balanced out by warmer periods, especially towards the end of the month.

Wind direction was generally from the East quarter.

Why is the Sky Blue?

And for that matter, why is the sea blue? I'm certain that I used to know, but when grandchildren start asking questions like these, I felt I had to look up the answers to be absolutely sure of my facts.

So, with the sea, it's all to do with the selective absorption and scattering of sunlight by water molecules. Sunlight is made up of all the colours of the rainbow, each with a different wavelength. When sunlight enters the ocean, water molecules preferentially absorb longer wavelengths (red, orange, yellow and green), while shorter wavelengths of light - particularly blue - are scattered. This scattered blue light is then reflected back towards our eyes, making the sea appear blue.

It's the same principle with the sky. When sunlight enters the atmosphere, it meets tiny molecules of nitrogen and oxygen. These molecules scatter the light in all directions. As blue light has a shorter wavelength than other colours (such as red and yellow), it is scattered more effectively than other colours, making the sky appear blue. Our eyes are also more sensitive to blue light.

What about the red or orange sky colours seen at sunrise and sunset? Red light waves are scattered the least by atmospheric gas molecules. So at sunrise and sunset, when the sunlight travels a long path through the atmosphere to our eyes, the blue light has already been scattered, leaving mostly red and yellow light waves. The result is that the sunlight takes on an orange or red hue, which we can see reflected from clouds or other objects as a colourful sunset or sunrise.

April Update

After a very pleasant start to the month, dry, sunny and on the warm side, the weather has turned with a vengeance. Rainfall on the night of 14/15th was 0.83 of an inch, surpassed on the 15th when I recorded 1.71 inches. The 15th was also noticeably cold, the temperature only getting up to 8C with a stiff northerly wind. Not a nice day.

Mike Hands

mdh51@btinternet.com

THE PERRANWELL MEMORY CAFÉ

We meet in the Village Hall at 2.00pm on the Second and Fourth Tuesday of each month.

A group of willing volunteers run a very varied programme for our meetings, as you will see below, and we invite you to come along to join in, meet us and enjoy some tea and cakes.

2025

May 13	Greyhound Trust visit
May 27	Handbell Ringers
June 10	Nancy Althea with chair yoga
June 24	Archery
July 8	Outing – venue tbc
July 22	Sing Your Heart Out with Melanie Garside
August 12	Games Afternoon
August 26	Trevor Fontain singing
September 9	Singing with Bob Seymour
September 23	Outing – venue tbc
October 14	Tai Chi with Nikki Ridgemont
October 28	Jumping Out Duo with jazz - clarinet and sax
November 11	Nancy Althea with chair yoga
November 25	Nikki Bovis Coultr - Artwork
December 9	Outing – venue tbc
December 23	December 23 ???? tbc



For more details contact: Sue 07443 504128 - Mary 01872 865846 - Roe 01872 719076

Perranarworthal Memory Café – a little bit about it and a shout out for volunteers.

There is a Memory Café Network throughout Cornwall. Our Perranarworthal Café is unique and is run by a group of committed and caring volunteers from the local community. We meet every 2nd and 4th Tuesday of the month from 2-4pm at the Village Hall. There's always a tea break with plenty of delicious homemade cakes supplied by volunteers. Sessions are made up of activities such as quizzes, games and singing, as well as movement activities like tai chi, and guest performers and facilitators such as musicians and artists. We also manage to fit in a few outings over the year to nearby places such as Trebah Gardens. Guests and carers are always warmly welcomed.

There's plenty of laughter, time to catch up on news and also get a little drop of support if and when it's needed. Whilst we have a great group of volunteers, we are mainly women. So, we would like to encourage some of you men out there to consider becoming a volunteer. We're waiting to hear from you!

CB

Contact Sue on: 07443 504128 or Roe on: 01872 719076

MACMILLAN COFFEE MORNING

We would like to say a huge thank you to everyone who supported and donated towards our Macmillan Coffee morning on Friday April 4th. An amazing £1050 was raised for Macmillan Cancer Care.

Thank you to you all. We look forward to seeing you all again next year,

Fiona, Anne-Marie, Sarah, Sue, Jules and Heidi.

A NEW COMMUNITY STORE IS COMING....BUT WE NEED EVERYONE'S SUPPORT TO MAKE IT THRIVE.

The eagle-eyed observers amongst you will have noticed the existing store is excitingly taking shape. On Wednesday 2nd April Jan Moore invited the community stores committee to view the amazing new premises. Following this, the committee members held a meeting to discuss the future strategy and design a more efficient operating model.

We are currently aiming for late June to make the move from our temporary location back into the old store. Customers can expect to see our existing range of essential items, a broader coffee and takeaway offering, more products from local suppliers and a small space to promote our community village culture.

However, for your community store to survive we need your support.

The store is owned by the community of Perranwell and relies on two key elements.... which are a continuous supply of volunteers and customers.

Volunteers: We have a fabulous group of volunteers, but we require a larger pool of volunteers for the new store. If you are able to help, pop in and speak to us 😊
Shortly we will be writing to all of our 124 shareholders inviting them to make themselves available for one or more shifts over the course of the year in their community store.

Customers: Currently only 20 percent of our community regularly use the store. We need to increase this if your store is to survive for future years. Whether you commit to buying one particular product from us, visit us weekly or just pop in for a tasty treat when strolling around the village....we'd love to see more of you!

We are planning to recruit and introduce a fully expensed "Store Standards Manager" to coincide with the opening of the new store. The role is 9 hours per week (across any days of choice) and is designed to support the running of the store with consistency. If you are interested and would like more details about this role, please contact one of our committee members.

PERRANWELL COMMUNITY STORES RE-LAUNCH MEETING:

On Thursday 8th May 6pm in the Village Hall, we will be holding a meeting for all volunteers, shareholders and the public to attend.

During this meeting the committee will share plans of the new premises, outline our future strategy and proposed operating model.

We really encourage and welcome you to join us for this meeting to show your support for your community store.

Thank you for your ongoing support

Kind regards from your Perranwell Community Stores Committee.

AGM

Tues 6th May 7.30pm
at the Perranwell Centre



After the main business this will be a social event
with drinks and nibbles provided



We are interested to hear your ideas for future events.

There will be an opportunity to renew your annual membership which is still only £6

*Please do bring along an item or story of historic interest
to tell us about if you can....*



SHOP VOLUNTEERS NEEDED



Do you have a few hours a week, a fortnight, or once a month
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If the answer is 'yes' then come & join our friendly team of volunteers.

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For more information or to organise a taster session contact:

Paula Wheeler 07971217256

or

Karen Madeley 07854628360

ST PIRAN'S CHURCH OPEN DAY

A very sincere thank you to the members of St Piran's Church for the warm welcome and varied programme of activities they arranged for everyone on April 5th. I actually walked to and from the church three times during the day to listen to or take part in the different things on offer. To sit in such beautiful surroundings and listen to not one but three accomplished organ players during the day was so relaxing and just what I needed in the busy and hectic time I seem to be having at the moment.



I loved watching the concentration on the faces of the Handbell Ringers and really hope to learn myself one day. I became a child again and searched for the different animals positioned in the most unlikely places in the church.

I wandered round my garden, listening to the birds singing while picking flowers to decorate a windowsill in the church which was also on offer- though there were flowers provided in the church for anyone who wanted to add to the decorated windowsills.

Thank you all very much - it was a lovely day.

Mary Painter

THE LOCAL BUSINESSMAN

So now, here he was, the Local Businessman. Or just the Local. He took his German Shepherd for a stroll, 6am in the springtime bliss. He stood on the bridge which overlooked the train tracks and station, where the Greenwith Road bumped into the aptly named Station Road. Lorries had grazed the stonework on the way to Pryors farm. One has to support that farm. It's a community staple. The local had watched the tractors at work as a child with fascination. Community warmth and the farm was a hearth.

The village had always had a warmth, enough that nothing could be taken too seriously, problems were always a trifle in the "grander scheme of things". The Local looked down at the Station. It had changed, the presentation being akin to a theme park. It's cool though. Everybody's happy enough. Those cameras though, that was a seriously URBAN APPROACH. They could make one feel a little uncomfortable, depending on frame of mind. Still, whatever. 21 foot tube and 13ft boards adorning the scaffold yard. Now, that really is beautiful.

The Local had worked in the yard many years ago but now he was The Businessman. He loved brick paving, the whole job, making a small digger dance in the haste of preparation work, the necessity of working efficiently and making each muscular movement meaningful to achieve the end result. The build-up of lactic acid in the arms as one rapidly laid the bricks, a Zen experience, a satisfying result, for both The Local and the customer.

He thought about Philpe Petit, the man who walked on a wire between New York's world trade towers. The man's passion and dedication, commitment to achieve transcendence. The Local might walk the wall of this bridge, holding a pocket watch in the left hand and a cane in the other.. the cane he twirled, then balanced it vertically upon his palm before popping it into the air. He grasped it again in a firm fist, looking about with a determined eye upon any potential audience.

He walked on with the dog. It's just Perranwell Station and it's easy to dispense all cares. Walk, inhale, exhale, he had no cause for worry

JM

THE PERRANWELL CENTRE ANNUAL GENERAL MEETING

will be held on

Thursday 5 June 2025 at 6.30pm for 7.00pm

in the South Room Perran-ar-worthal Village Memorial Hall

Members of the public are welcome to attend
The Perranwell Centre Trustees

AGENDA

- 1. Welcome and introduction from Chair**
- 2. Apologies for absence**
- 3. Minutes of the previous meeting (20 June 2024)**
- 4. Consideration and approval of the Annual Report**
- 5. Consideration and approval of Accounts – year ending December 2024**
- 6. Appointment of independent examiner**
Leanda Daddow, Celtic Bookkeeping
- 7. Election of Trustees**
Mark Breach, Ray Christophers, John Frankland, Jenie Macindoe, Ellen Manning, Nathan May, Dave Ward
- 8. Development Programme**
- 9. Open Discussion**
An opportunity for general discussion on any matters which those attending wish to raise
- 10. Close of meeting**

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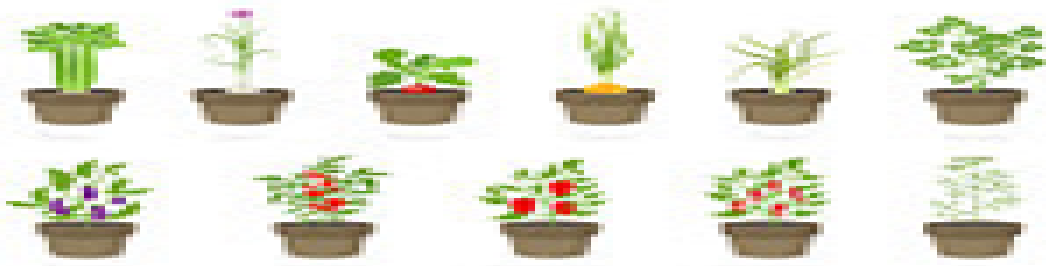


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**Directory
May 2025**

Organisation	Contact	Telephone	Email
Avon	Sally Perkins		universally.perkins@gmail.com
Bridge Club, Perranwell Village	Malcolm Parker	07927 197937	
	Trisha Willcocks	01872 864550	
Perran Bridge	Malcolm Parker	07927 197937	
Carnon Downs Drama Group	Chris Breach	01872 862063	
Chess Truro/ Falmouth Chess Club	Robin Kneebone	07531 543651	chesscornwall@gmail.com
Choral Society Truro	Glynis Wadham- Smith		membership@trurochoral.org
Community Shop			anniek.hewitt7@gmail.com
Community Liaison Officer (Police)	TBC	101	
Computer Services	John Muteham	01872 865449	sales@premier-pc.com
Cornwall Dog Training	Frankie Bond	01872 864844	enquiries@cornwalldogtrainingclub.com
Cornwall South Textile Artists	Debi Wilkinson	07736 586091	
Psychological Counselling	Karina Griffiths	075685 507705	info@taikatales.com
Cricknet Club Chairman	Adam Widdison	07799 890059	adam.widdison@live.com
Cricknet Club	Ashley Bridges	07816 388474	ashleypaw04@gmail.com
Cub Scouts	Ross Geach	01872 862117	
Defibrillator Training	Mark Gripper	07770 997778	markgripper@gmail.com
Dental Practice	Mr N. Jones	01872 863399	
Doctors Devoran		01872 562200	www.chacewatersurgery.co.uk
Doctors Carnon Downs		01872 863221	
Football Club Contact	David Kemp	0797 1951201	k4mpy@btinternet.com < k4mpy@btinternet.com >
Football Clubhouse		01872 870202	
Friends of Perranarworthal School	Rosie Leach		fops@perran-ar-worthal.cornwall.sch.uk
Keep Fit	Cathy Whitmore	01872 862040	
Kenwyn Valley Flower and Garden Club	Glennis Beard	01872 560609	, http://www.kenwynvalleyflowerclub.btck.co.uk/
Les Carrek Lace & Needlecraft Group	Janet Dale	01872 863033	
Memory Café	Sue Godfrey	07443 504128	sugodfrey@icloud.com
Methodist Chapel	Ann Towsey	01872 864300	anntowsey@hotmail.co.uk
Parish Council Clerk	Tomas Hill	01872 865840	clerk@perranarworthalpc.org.uk
Parish Council Website			http://www.perranarworthalpc.org.uk/
Parish Tree Wardens			clerk@perranarworthalpc.org.uk
Perranarworthal Local History Group	Ruth Ward	7887768957	ruth_ward@btinternet.com
Perranarworthal School	Mrs Rachael Heffer	01872 863004	
Perranwell Centre bookings	Dave Ward		hello@perranwellcentre.org
Perran & District Poultry & Pigeon Soc.	Shane Kneebone	01872 864409	perranpoultry@hotmail.co.uk
Perran News Editor	Mark Gripper	01872 863833	
Perran News Advertising	Chris Lea		perrannewsads@gmail.com
Perran News Treasurer	Chris Lea		perrannewsads@gmail.com
Perran News Distribution	Annette Brown	07882 724496	beingstillab@gmail.com
Perran News Website / Facebook	Sarah Smith	07968 366526	afinacommunications@gmail.com
Perranwell Garage	Anthony Scrivener	01872 863037	
Photographic Club	Mr Roy Mc Bride	01872 863891	
Physiotherapy	Judith Handley	01872 870636	judithhandley@yahoo.co.uk
Police Neighbourhood Beat Manager	PC Vince Beckett		17005@dc.police.uk
Royal Oak	Lizzie Archer	01872 863175	lizzearcher@btinternet.com
Scouts Devoran	Mick Roberts	07813 046879	
Senior's Fitness	Karen Dowden	07967 087511	karen.dowden@btinternet.com
St Piran's Church Hall Bookings	Mrs H McCombie	01872 864050	
St Piran's Church Warden	Mr P Stuart	01872 278273	http://www.thewatersidechurches.com/
St Piran's Church Warden	Mrs Heather McCombie	01872 864050	
St Piran's Church Handbell Ringers	Janet Thomas	01872 862876	
St. Piran's Bellringing	Alun Thomas	01872 862876	

**Directory
May 2025**

U3A	Mark Breach	01872 862063	mark.breach@yahoo.co.uk
Vanilla Salon	Rachael Glanville	01872 864505	receptionatvanilla@gmail.com
Women's Institute	Kathryn Smith	07515 830903	
Yoga with Candace	Candice Quarmby	07869 165364	canzaq@gmail.com www.yogawithcandice.co.uk
Yoga for Relaxation	Deidre Mason	01209 613488	
Councillors Cornwall Council	Peter Williams	07833 439168	Cllr.peter.williams@cornwall.gov.uk
Member of Parliament	Jayne Kirkham	07736 895195	jayne.kirkham.mp@parliament.uk
Zest For Life Fitness	Zoe Crouse	07721 004122	www.zestforlifefitness.com

If some of these entries are out of date please could updates or deletions please be sent to markgripper@gmail.com so that appropriate amendments can be made.
Thank you.

Buses going towards TRURO Bus Station										
Mondays - Saturdays										
36 from Stithians										
	Royal Oak	7.42	7.47*	9.11*	10.48	12.18	13.48	16.13	16.18*	17.58
	P'well Rly Station +2 min									
	Truro bus station + 19 min					* Saturdays & school holidays				
36A from Frogpool										
	P'well Rly Station	7.48*	10.10	11.50	12.50	14.40	14.50*	17.41		
	Truro Bus station + 26 min									
36S	P'well Rly Station	7.48	15.59	(Mon-Fri term time)						
Sundays										
36	P'well Rly Station	9.51	12.51	15.51	This is the time shown - calls at Royal Oak about 3 mins earlier					
Buses leaving TRURO Bus Station										
Mondays - Saturdays										
36		7.15	7.40*	8.45	10.20	12.20	14.20*	15.20	17.10*	18.30
	+19 min to Royal Oak							* Saturdays & school holidays only		
						route then goes up School Hill towards Stithians				
36A		7.10*	8.35	10.15	11.20	13.20	16.20	18.10		
	+ 26 min to Chapel					route then goes up Greenwith Hill towards Frogpool				
	Truro									
36S	railway station	7.05	15.20	(Mon-Fri term time)						
Sundays										
36	Royal Oak	10.28	13.28	16.28						
This timetable was last updated on 1st September 2024										
I have taken great care with this information, but it is always a good idea to check on the website before travelling										

Thanks to Jan Moore for this updated bus timetable.

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